



❖ SCENE: LOSE THAT SPARE TIRE

Fit Nor Cal puts the fun back in fitness **B1**

# MAD RIVER UNION

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❖ MCKINLEYVILLE

## Role of advisory committee comes under scrutiny

**Jack Durham**  
MAD RIVER UNION

MCKINLEYVILLE – McKinleyville’s advisory committee is having an identity crisis as it grapples with what, exactly, its role should be in the unincorporated community.



Craig Tucker

At issue is whether the McKinleyville Municipal Advisory Committee is allowed to tackle and take positions on county-wide issues and whether it is wise for the committee to take positions that are at odds with causes backed by other members of the community. There are also concerns about the committee’s agenda, who sets it and whether members have a say in the matter.

Almost all of these issues emerged last month in a single thread of emails between Committeemember Craig Tucker and Committee Chair Ben Shepherd.

Tucker had asked that the issue of rent control be placed on the agenda for the Oct. 26 meeting. But Shepherd, who prepares the agenda, refused Tucker’s request, saying that the rent control ordinance, Measure V, is outside the committee’s purview because it is a countywide issue not specific to McKinleyville.

Although Measure V was not on the agenda, both Measure S, the marijuana tax, and Measure U, the road tax, were on the agenda as informational items.

This raises the question: Why was it OK to discuss those countywide measures, but not the rent control measure?

In an email explaining his decision, Shepherd wrote “I have included both Measure S and U but not V on the agenda. I did not place Measure V because I believe that it is out of our scope to make a political position on a measure from the public. Measure S and U are Humboldt County measures that had presentation from county staff and I believe are within our purview. The topic of rent control was already dealt with and the MMAC did not

AGENDA ❖ A2



Susan Ornelas



Michael Winkler



Paul Pitino

## Incumbents re-elected

MAD RIVER UNION

ARCATA– Arcata City Council incumbents were victorious last week, easily holding onto their seats and defeating their challengers.

Susan Ornelas was the top vote getter, with 2,768 votes, or 28.38 percent, followed by Michael Winkler with 2,491 votes, or 25.54 percent, and Paul Pitino, with 2,293 votes, or 23.51 percent.

Challenger Valerie Rose-Campbell received 1,130 votes, or 11.58 percent, and Daniel Murphy received 961 votes, or 9.85 percent.

## Crime fighters organize

### Arcata tries to halt the decline of public safety & standards

**Kevin L. Hoover**  
MAD RIVER UNION

ARCATA – The aftermath of the Sept. 20 attack on a child in Arcata’s Westwood neighborhood has grown into a larger concern for public safety all over town. Violent incidents, neighborhood burglaries, petty crime, vandalism, even the general decline in public behavior standards are all behind a new move to form a Commu-

nity Safety Partnership Program.

The program is unofficial for now, but is on the agenda for a meeting today, Nov. 16 of the Arcata City Council.

Backers think the time has come for the City of Arcata to create a Public Safety Committee, joining the ranks of other city-sponsored committees that specialize on certain topics and advise the council.

CRIME ❖ A4



Melissa Lazon



Anjali Browning

❖ ELECTION 2016

## Anti-Trump protests erupt

**Patrick Evans**  
MAD RIVER UNION

EUREKA/ARCATA – Anti-Trump protesters blocked U.S. Highway 101 in Eureka Thursday night, as about 200 people marched in protest of President-elect Donald Trump. Meanwhile, in Arcata, hundreds filled the Plaza to protest the election results.

“We reject the president-elect,” they chanted in Eureka. “Not my president,” and “Fuck Trump,” they shouted.

As protesters gathered by the Gazebo in Old Town Eureka, people shouted back “Trump” from passing cars. One young man yelled out his window “You’re all gonna get Tasered,” and a lifted truck circled the plaza revving its engine.

Protesters carried signs criticizing Trump for the allegations

PROTESTS ❖ A4



**DUMP TRUMP** At top, protesters closed down U.S. Highway 101 for a short time Thursday, expressing their frustration over the election of Donald Trump as the President of the United States. Above, protesters filled the Arcata Plaza. See chart on page A4 to see how Humboldt voted.

TOP PHOTO BY PATRICK EVANS | UNION, BOTTOM PHOTO BY KLH | UNION

❖ ELECTION 2016

## County ballot measures see mixed results

**Daniel Mintz**  
MAD RIVER UNION

HUMBOLDT – Several county-level ballot measures had mixed election results, with proposals to tax marijuana and establish mobile home park rent control achieving success.

But a departmental consolidation plan and a sales tax increase to make headway on the county’s spiraling road repair backlog were struck down by voters.

### Measures Q and R defeated

The county proposed to create a new department, the Office of the Director of Finance, by consolidating the auditor-controller and treasurer-tax collec-

tor offices and responsibilities into a single department with one leader.

A related measure, Measure R, asked whether the Director of Finance should be a position chosen by voters or appointed by the Board of Supervisors.

The consolidation was promoted as a means of easing the burdens on two small departments that struggle to keep up with increasing amounts of work.

But 54.8 percent of voters sided with the measure’s opponents, including the current auditor-controller and treasurer-tax collector along with the county’s former clerk-recorder. There

was doubt about whether a single department would be more efficient and the loss of two elected positions – the auditor-controller and the tax collector – apparently tilted the majority of voters against the measure.

### Measure S approved

An excise tax on marijuana cultivation in unincorporated areas easily gained voter support, with a 66 percent approval majority.

The new tax establishes rates of \$1 per square foot for outdoor grows, \$2 per square foot for mixed light grows and \$3 per square foot for indoor grows.

ELECTION ❖ A4

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## McK crime fighters

**WELCOME** New chamber board member Emily Abfalter was introduced at last week's McKinleyville Chamber of Commerce mixer. PHOTO BY HEATHER VINA

The committee was created four years ago and provides input to county officials and the Board of Supervisors regarding county issues affecting McKinleyville. The committee can be reached at [mckinleyvillemac@gmail.com](mailto:mckinleyvillemac@gmail.com).

GOVERNING BODY	NEXT MEETING	MEETING LOCATION	MORE INFORMATION
<b>Arcata City Council</b> Meets first & third Wednesday	today, Nov. 16 at 6 p.m.	Council Chamber, Arcata City Hall 736 F St., Arcata	<a href="http://cityofarcata.org">cityofarcata.org</a>
<b>Blue Lake City Council</b> Meets second & fourth Tuesday	Tuesday, Nov. 22 at 7 p.m.	Skinner Store Bldg behind City Hall	<a href="http://bluelake.ca.gov/city/council/agendas">bluelake.ca.gov/city/ council/agendas</a>
<b>Humboldt Bay Harbor, Recreation &amp; Conservation District</b> Meets second & fourth Thursday	Thursday, Nov. 24 at 7 p.m.	Woodley Island Marina Meeting Room	<a href="http://humboldtбай.org/meetings-agendas-and-public-notice">humboldtбай.org/meetings- agendas-and-public-notice</a> s
<b>Humboldt Bay Municipal Water District (HBMWD)</b> Meets fourth Thursday	Thursday, Nov. 24 at 7 p.m.	Boardroom, Humboldt Bay Municipal Water District, 828 Seventh St., Eureka	<a href="http://hbmwd.com/meeting-schedule">hbmwd.com/meeting- schedule</a>
<b>Humboldt County Board of Supervisors</b> Meets every Tuesday	Tuesday, Nov. 22 at 9 a.m.	Board Chambers, Humboldt Co. Courthouse, 825 Fifth St., Eureka	<a href="http://humboldt.legistar.com/Calendar.aspx">humboldt.legistar.com/ Calendar.aspx</a>
<b>Manila Community Services District (Manila CSD)</b> Meets third Thursday	Thursday, Nov. 17 at 6:30 p.m.	Room I, Manila Community Center, 1611 Peninsula Dr., Manila	<a href="http://manilacsd.com/Agendas_Minutes_and_Forms.htm">manilacsd.com/Agendas_ Minutes_and_Forms.htm</a>
<b>McKinleyville Community Services District (MCSD)</b> Meets first Wednesday	Wednesday, Dec. 7 at 7 p.m.	Azalea Hall, 1620 Pickett Rd., McKinleyville	<a href="http://mckinleyvillecsd.com">mckinleyvillecsd.com</a>
<b>McKinleyville Municipal Advisory Committee (McKMAC)</b> Meets last Wednesday	Wednesday, Nov. 30 at 6 p.m.	Azalea Hall, 1620 Pickett Rd., McKinleyville	<a href="http://humboldt.gov/238/McKinleyville-Municipal-Advisory-Committ">humboldt.gov/238/ McKinleyville-Municipal- Advisory-Committ</a>
<b>Trinidad City Council</b> Meets second Wednesday	Wednesday, Dec. 14 at 6 p.m.	Trinidad Town Hall, 409 Trinity St., Trinidad	<a href="http://trinidad.ca.gov/city-government/city-council.html">trinidad.ca.gov/city- government/city-council.html</a>

  
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Political boot camp for HSU student

**HUMBOLDT STATE**  
HUMBOLDT STATE – Never in a million years did Dominic Cicerone imagine he’d meet Leon Panetta. But there he was, talking to the former CIA director and secretary of defense. “I kept thinking to myself that I’m just an average guy,” said Cicerone, a Political Science major at Humboldt State, who is this year’s HSU pick for the Congressional Internship Program at the Panetta Institute. “There’s nothing special about me, and yet I was sitting across the table having a conversation with him.”

Cicerone’s meeting marked the beginning of the program. Founded in 1997 by Panetta and his wife, Sylvia, the Panetta Institute is a nonpartisan center for public policy, based in Monterey, where Panetta was born.

Every year, all 23 CSU campuses (in addition to Dominican University of California, Saint Mary’s College of California and Santa Clara University) each select one student for the two-month program.

“I was in shock that I was picked. It has been amazing experience to be able to represent Humboldt State,” said Cicerone. He is the 15th HSU

student to be selected for the program since 2002-03.

The program is a two-month boot camp that introduces politics and the legislative process. It begins with intensive training at the institute and, for two weeks, students take classes and seminars led by various experts who delve into foreign and defense policies, cybersecurity issues and the political process. Students are also told what they can expect as an intern on Capitol Hill and are then assigned to work for a California House representative.

Cicerone now lives in D.C., where he works in Rep. Darrell Issa’s office (R-Vista). In addition to administrative duties and giving constituents tours of the Capitol building, Cicerone attends briefings as well as Congressional hearings to listen, learn, take notes and meet people who are lobbying for their cause.

“I remember a briefing where four others and I were sitting at a table discussing a mental health study with members from UC San Diego and other prestigious medical institutions. It was a big deal to talk with these people about their programs and draft a memo of everything we discussed to

present it to my boss,” he said.

Each day, Cicerone has a chance to help people with real problems. He recalled a phone conversation with a woman who called Issa’s office.

“An elderly woman was having a tough time receiving medication due to her insurance provider. I listened to her story and immediately contacted one of Issa’s legislative assistants who handles health care. With the help of our staff in the D.C. office as well as our district office in Vista, we were able to help the woman receive the medication she desperately needed.”

After the program, Cicerone hopes to join HSU’s Associated Students and inspire students to get more involved on campus, as well as make HSU the best it possibly can be.

In his future, he also sees environmental advocacy at the community level, a passion inspired by Humboldt State.

“HSU has instilled in me a love and passion of the outdoors and the environment. So much so that I have made environmental policy a key piece of my educational plan,” he said. “Protecting the natural beauty of the world around us is very important to me.”

THE GREEN MILE



**CENTRAL AVENUE** As part of the Central Avenue Improvement Project, Humboldt County Public Works painted the bicycle lanes between Anna Sparks Way and Hiller Road bright green last week. The community’s reaction was mixed. Some complained about the smell of the coating, which gave off a strong chemical odor as it dried. Others questioned the aesthetics of the green lanes, which are part of a bigger project to improve pedestrian safety. Bicyclists who used the new lanes said they liked them and appreciated how the paint clearly designates the bike lanes. Also visible in the photo is one of the pedestrian crossing islands. The project is grant funded and was designed with the input of the McKinleyville Municipal Advisory Committee, with strong support from the McKinleyville Organizing Committee.

JACK DURHAM | UNION

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12 ounce ~25  
20 ounce ~35

**All entrées will be served family style with:**  
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Gravy  
Mashed Potatoes  
Cranberry Sauce  
Green Bean Casserole  
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Crime | Committee would bring groups together to solve problems

❖ **FROM A1**

cil. It's an effort to go beyond the sporadic gripefests followed by nothing changing that usually mark public reaction to crime.

"We want something that has teeth and can endure," said Anjali Browning, one of the organizers. "We need a commitment by the City Council to say, 'This is a priority for us'."

To save administrative support costs, the city has been slowly reducing the number of advisory committees over the years. A few have disappeared for lack of participation; others have been merged. But backers think a public safety committee is crying out to be formed.

"If you're going to be committee-heavy, be heavy on committees that work," said co-organizer Melissa Lazon.

By way of not repeating mistakes of the past, organizers don't expect the government to do everything; hence the "partnership" angle. They're contacting as may local organizations as possible, particularly those which now deal with the deteriorating conditions on their own, such as the Arcata Chamber of Commerce, Arcata Main Street, Community Pride & Peace and even Friends of the Arcata Marsh and Trail Stewards.

"There are so many organizations that have a stake and could come together," La-

zon said. "The idea isn't to create anything new, but to take what's existing and work together to make real change, in partnership with the community."

Browning said decay of standards and crime are negating much of the good in Arcata. "We put all this energy into making the city more likable, but unless there's respect for common decency, we're not going to bring our kids there."

She said community engagement is needed to reclaim fear-free use of public spaces.

Lazon said we're "setting people up to fail," for example by enticing minority students to attend Humboldt State, then having them encounter intolerance and discrimination in the community.

"We have this 'Farmers' Market hippie Normal Rockwell' thing going on," she said, referring to those seemingly idyllic periods when everything is working well on the Plaza. "But there's an underbelly, a different culture, of drug addiction, poverty, desperation. And in that, there are predators."

Were a committee set up, she said, "Joe Average might see his neighborhood park deteriorate. He goes to the committee, and finds solutions. Vegetation is cut back for visibility, police step up patrols, the Trail Stewards come in, there's a clean-up day."

Main Street offices and at PastaLuego in Jacoby's Storehouse on the Plaza.

"We're saying, 'please support us,' but really, it's 'help us support you,'" Lazon said. "We don't want to control the situation. We just want to get the right people in the room. Good people have to stand up."

**ARCATA CITY COUNCIL** The Arcata City Council meets **today, Nov. 16** at 6 p.m. at Arcata City Hall, 736 F St. Agenda items include affirming McCullough Construction Inc. as the lowest responsive responsible bidder for the Humboldt Bay Trail North Project Project and award of a \$4,690,763 to \$4,925,301.15 construction contract; a presentation by the Humboldt Bay Municipal Water District; discussing formation of City Committee focused on Issues of Public Safety; and a report from Assistant City Engineer Netra Khatri on design alternatives for Old Arcata Road. *cityofarcata.org*

**WESTHAVEN WATER BOARD** The regular monthly meeting of the Westhaven Community Services District Board of Directors will be held **today, Nov. 16** at 7:30 p.m. at the Westhaven Fire Hall, 446 Sixth Ave. In addition to the regular monthly financial reports, the board will also discuss a water tank project, water loss and drought capacity. (707) 677-0798, *wcsd@suddenlinkmail.com*.

Protests | Protesters block traffic on U.S. Highway 101

❖ **FROM A1**

of sexual assault against him, his racist rhetoric about Muslims and Mexicans, and the homophobic beliefs of his cabinet choices and Vice President-elect Mike Pence, who was a promoter of gay-conversion "therapy," a practice, banned in five states, to reorient LGBT people's identities.

Protester Kirsten Peaches waved a sign saying "Pussy grabs back," as she marched, a reference to audiotope from 2005 in which Trump described getting away with sexual assaulting women.

"I'm here to stand in solidarity with anyone who feels afraid [of a Trump presidency]" Peaches said.

Peaches said she opposed Trump because he denies climate change, supports anti-LGBT and anti-abortion legislation and has threatened to deport undocumented people.

Rallies against Trump erupted across the country immediately after the election. The crowd in Eureka, small in comparison to the tens of thousands marching in Oakland, Los Angeles or Portland, was still big enough to block traffic on U.S. Highway 101.

There was no sign of pro-Trump counter-protesters who had posted in response on social media earlier that day.

Comments on social media from Trump supporters caused anti-Trump organizers to cancel the rally, but other protesters were undeterred by the hostility.

Protesters marched through traffic up Fourth Street to the Humboldt County Courthouse and blocked north-bound traffic. A shouting match erupted as the crowd blocked a truck sporting a Trump sticker. Protesters eventually moved aside and let the truck pass.

One protester, a 49-year-old welder, carpenter and construction worker who declined to be named, said he was worried about Trump's possible actions as president. "Roe v. Wade being reversed, the privatization of social services, the elimination of civil rights," he said. "Everything."

Renee Saucedo, an attorney, educator and community activist, marched with family, her son Carlo, mother Betty and husband Giancarlo. She said they came out to the rally to declare that the president-elect does not represent them or their community.

"We are here to call on people with morality to resist Trump's hateful purposes," she said.

Saucedo said that since the election, she has been receiving calls from many students of color worried about their civil rights and afraid of racist violence as a result of Trump's election.

"Threats to build a wall and conduct mass deportation heighten fear and lead to human rights abuses," she said.

Saucedo has been working for years to help create a community group for Latino and indigenous people in

Humboldt. The nonprofit organization, Centro del Pueblo, is opening soon in partnership with the Ink People Center for the Arts.

Saucedo said she has hope that community organizers will unite to resist the president-elect's policies.

"We will not allow anyone to be targeted in our community," she said.

Protesters in Arcata the following day carried much the same message as the marched from Humboldt State's Library Circle to the Plaza.

There, several hundred people listened as speakers at McKinley's feet used a bullhorn to speak of resistance to oligarchy, sexual oppression, racism and social injustice.

A "Love Trumps Hate Community March and Solidarity Vigil is set for this Saturday, Nov. 19 at 2 p.m. It begins at Northtown Coffee, 1603 G St., and will proceed to the Plaza.

❖ HUMBOLDT ELECTION RESULTS

<b>President of the United States</b>			
	Hillary Clinton	19,596	54.11%
✓	Donald Trump	10,883	31.33%
	Jill Stein	1,800	5.18%
	Gary Johnson	1,167	3.36%
<b>U.S. Senator</b>			
✓	Kamala Harris	19,093	66.92%
	Loretta Sanchez	9,440	33.08%
<b>U.S. Representative in Congress, District 2</b>			
✓	Jared W. Huffman	23,710	71.44%
	Dale K. Mensing	9,480	28.56%
<b>State Assembly, District 2</b>			
✓	Jim Wood	21,746	71.19%
	Ken Anton	8,799	28.81%
<b>Arcata City Council</b>			
✓	Susan Ornelas	2,768	28.38%
✓	Michael Winkler	2,491	25.54%
✓	Paul Pitino	2,293	23.51%
	Valerie Rose-Campbell	1,130	11.58%
	Daniel Murphy	961	09.85%
<b>Eureka City Council Ward 4</b>			
✓	Austin Allison	3,119	54.35%
	John Fullerton	2,599	45.29%
<b>Measure F, Arcata Utility Users Tax</b>			
✓	Yes	2,309	52.13%
	No	2,120	47.87%
<b>Measure H, Arcata School District Parcel Tax</b>			
✓	Yes	2,798	78.55%
	No	764	21.54%
<b>Measure I, Arcata School District Bond</b>			
✓	Yes	2,597	73.99%
	No	913	26.01%
<b>Measure K, Jacoby Creek School Bond</b>			
✓	Yes	615	58.91%
	No	429	41.09%
<b>Measure Q, Creation of Humboldt Finance Dept.</b>			
✓	No	16,635	54.83%
	Yes	13,702	45.17%
<b>Measure R, Humboldt Finance Dept. Elected Office</b>			
✓	No	16,065	46.96%
	Yes	14,221	45.17%
<b>Measure S, Marijuana Cultivation Tax</b>			
✓	Yes	21,911	66.05%
	No	11,263	33.95%
<b>Measure U, 1/2 Cent Transportation Tax</b>			
✓	No	16,907	52.39%
	Yes	15,363	47.61%
<b>Measure V, Mobile Home Rent Control</b>			
✓	Yes	17,766	54.84%
	No	14,631	45.16%

Note: Unofficial election night returns. Voter turnout was 42.46 percent.

Election | Rent control passes, road sales tax gets crushed

❖ **FROM A1**

The rates were significantly higher when supervisors initially formulated them, mirroring those seen in other counties. But small-scale growers strongly contested them and even the lower rates proposed in the measure are opposed by many cultivators.

The measure's supporters included county law enforcers, who view the tax as a way to ensure that growers pay fair shares for a variety of essential services such as public safety, public health, social services and environmental protection.

**Measure U defeated**

For many years, residents have complained about the condition of county and city roads. And it's taken many years for road repair backlogs to reach unmanageable levels – the county unincorporated area's backlog has gone beyond the \$250 million mark.

Advanced by the Humboldt County Association of Governments, essentially the county and all its cities, Measure U proposed to catch up on the backlogs by adding a half-

cent to local sales taxes.

That would have generated \$20 million in road repair revenue over the next 20 years. But in addition to road work – and perhaps to voters' chagrin – airport service retention and trails and transit infrastructure maintenance were part of Measure U's spending plan.

The county's Board of Supervisors supported the measure, although some supervisors were doubtful that voters would tax themselves after doing so with the recent Measure Z public safety sales tax increase.

Those doubts were warranted, as a 52.4 percent majority rejected Measure U.

**Measure V approved**

Despite being outspent by opponents and enduring a controversy involving one of its lead campaigners, the Mobile Home Park Space Rent Stabilization Initiative Ordinance gained a 55 percent approval majority.

The ordinance's main provision ties rent increases in county area mobile home parks with 10 or more spaces to the annual consumer price index.

A \$5 per month fee for each mobile home space will be charged by the county to cover its costs of administrating the rent control program.

The campaign in support of the measure focused on the takeover power of out-of-town corporations, who were described as rent-gouging predators.

Opponents of the measure included owners of local mobile home parks, who said their rents are reasonable. Another opposition argument was shared by the county – that using the consumer price index as a basis could actually yield higher rents over time.

**Measures succeed in cities**

Residents of cities also considered local measures and approved all of them.

In Arcata, the city's Utility Users Tax was renewed with a 52.1 percent approval majority. Initially approved in 1996, the three percent tax on electricity, gas and other utility services provides \$900,000 in General Fund revenue per year. The income is used for public safety services and road repair. Voters approved extending the tax for another eight years.

Also in the city, the Arcata School District gained easy approval of Measure H. It renews the \$59 per parcel tax that would have otherwise ended in 2017. The measure achieved a 78.5 percent approval majority.

District voters also approved Measure I with a 74 percent majority. The approval vote authorizes sales of \$3.9 million of general obligation bonds.

Both measures are for funding education programs and facilities at Arcata Elementary School and Sunny Brae Middle School.

The Jacoby Creek School Bond Measure K was passed with 615 votes, or 58.91 percent.

In Trinidad, voters approved Measure G, which renews the city's three-quarter percent sales tax for funding essential services. The measure gained a 59.2 percent majority.

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# PUBLIC SAFETY

## It is all about that bass

• **Saturday, October 1 10:02 p.m.** This one guy keeps being a royal pain in the ass by harassing the zone outside an H Street business. His Annoyingness was arrested for public drunkenness. **10:26 p.m.** A woman in green jacket and fishing hat knocked on random doors at a Valley West motel of ill repute. In agitated fashion, she accused guests of stealing her stuff. **10:54 p.m.** His fiery red mane – hair and beard – symbolized the leaping flames in his heart as a blue-sweatshirted man roared and raged at random hardware store shoppers downtown. The hose bib and caulking customers having been well and truly reviled for the wretched vermin they are,

he and his wingman-weirdling then strode off in triumph into the night. • **Sunday, October 2 6:46 a.m.** Field experimentation has confirmed the existence of those who would take things that don't belong to them. A woman left her purse, checkbook and \$100 in an unlocked car on M Street, and lo, it vanished. **7:21 a.m.** A patient who'd been treated and released from the hospital continued roaming the halls, moaning. He was moved out the door. **10:39 a.m.** It was all about the loud bass on Garnet Street, and had been since 9 a.m.



**3:55 p.m.** More bass bloviation blithered on 14th Street. **7:06 p.m.** A service dog was left outside a Valley West business. When someone called the number on the tag, the person who answered the phone said the dog wasn't hers. • **Monday, October 3 2:35 a.m.** A woman was reportedly held at gunpoint by a man who took all the cash out of her purse on S Street. He was described as wearing blue shirt and jeans, and driving a white truck. **9:22 a.m.** A woman reported being attacked in a Plaza bar's bathroom by another woman the previous Friday night. **11:12 a.m.** The "KEEP RIGHT" signs were reportedly being stolen from the intersection of Foster

and Sunset avenues. **3:05 p.m.** A trippy psychedelic van took up three parking spaces in the lot behind the fire station, a large aggressive dog protecting the bubble of cosmicity and making the lot inaccessible to others. **3:13 p.m.** A man and woman stole a jacket from a Plaza shop, then fled to the bead shop next door where they were immediately found, and the garment retrieved. • **Tuesday, October 4 2:16 a.m.** A man and woman staying at a Plaza hotel had their clothes and backpack stolen out of the lobby meeting room between 4 and 6 p.m. the previous day by another guest. Having been recorded on video doing this, the suspect was quickly arrested. **8:44 a.m.** A camper may have thought he was pitching his tent 'neath the sheer face of a vertical mountain, but it was just the climb-

ing wall in the Community Center playground. He was advised. **11:22 a.m.** Campers used today's innovative and increasingly popular hammock-rainfly combo to illegally nest on Trail 1 in the Community Forest, their gear stashed in a hollow stump. They were warned. **12:25 p.m.** A man playing a "flute-type instrument" downtown became aggressive with nearby business employees after they offered a negative review. **12:37 p.m.** A Wilson Street resident was spotted stealing a cannabis plant out of a neighbor's yard. **1:11 p.m.** Three tents and a tarp were seen set up along Trail 9 in the Community Forest. **5:36 p.m.** A woman arrived at her mother's 17th Street home to find yard items tipped over and a sleeping bag nearby. She couldn't see inside the home and didn't have a key.

## Alleged gas station bandit caught

ARCATA POLICE DEPARTMENT

ARCATA – On Tuesday Nov. 8 at approximately 2:45 a.m., the Arcata Police Department responded to an armed robbery at the Alliance 76 at 2205 Alliance Rd. A single suspect entered the store brandishing a revolver and demanded money from the clerk. The suspect fled on foot southbound with an undisclosed amount of cash. The suspect was described as a Native American male adult, 6 feet, 3 inches tall with a slender build and a tattoo near his eye. His clothing was described as a maroon hooded sweatshirt and a black bandana covering his face. A short time later officers contacted Daniel Roman, 46, of Arcata riding a bicycle in the area. Roman was wearing clothing that matched the description provided and he was later positively identified by a witness as the one that had committed the armed robbery. Roman was arrested and booked into the Humboldt County Correctional Facility for Armed Robbery and Carrying a Concealed Dirk or Dagger. The weapon used in the robbery has not been located; anyone with information regarding this incident is asked to call the Arcata Police Department at (707) 822-2428

## K-9 Baron helps nab suspected stabber

ARCATA POLICE DEPARTMENT

On Wednesday, Nov. 9 at 11:48 a.m., officers of the Arcata Police Department responded to the report that a man had just been stabbed in the neck in front of the Arcata Co-op at 811 I St. Witnesses reported that the suspect, later identified as Justin Crumbley, 32, of Eureka, fled on foot west from the business. Witnesses followed Crumbley to an office building at 890 L St., where he entered the business and hid. Officers arrived on scene and quickly established a perimeter. All employees were evacuated and officers began efforts to verbally contact Crumbley inside the building. These efforts were unsuccessful and Arcata Police K-9 Baron responded to the scene. A small team featuring Baron entered the building and placed the suspect into custody without further incident for Assault with a Deadly Weapon. The victim, a 64-year-old Eureka man, was treated for his injuries and was reported to be in stable condition. Anyone with information regarding this incident is encouraged to contact the Arcata Police Department at (707) 822-2428.

## Gas station bandit sought

HUMBOLDT COUNTY SHERIFF'S OFFICE

McKINLEYVILLE – On Tuesday, Nov. 8 at about 2:18 a.m., Humboldt County Sherriffs Deputies responded to the 76 Station on the 2600 block of Central Ave in McKinleyville for a report of a robbery that had just occurred. The clerk told deputies an unknown suspect entered the business, brandished a firearm and demanded money. The suspect fled in an unknown direction after collecting an undisclosed amount of money. The clerk immediately called law enforcement for assistance. No one was injured during the robbery. The suspect is described as a white adult male, 6 feet, 2 inches to 6 feet, 3 inches tall, with light blue eyes, wearing a brown hooded sweatshirt, a baseball cap, a black bandana covering his face below his eyes, dark pants and black shoes. Anyone with information for the Sheriff's Office regarding this case or related criminal activity is encouraged to call the Sheriff's Office at (707) 445-7251 or the Sheriff's Office Crime Tip line at (707) 268-2539.

## Arrest at Moonstone Beach

HUMBOLDT COUNTY SHERIFF'S OFFICE

MOONSTONE BEACH – On Thursday, Nov. 10 at about 3 a.m., Humboldt County Deputy Sheriffs responded to the Moonstone Beach parking area for a possible sighting of wanted person Ry Taylor Landen, 25, with a red, white and blue motorcycle. Landen is wanted by the Sheriff's Office on suspicion of a vehicle burglary in Trinidad. Deputies located Landen in a green Ford Expedition along with the motorcycle. Landen initially refused to comply with deputies' demands to surrender. Landen was eventually taken into custody without incident. During a search of Landen, deputies found him to be in possession of a loaded firearm, burglary tools and narcotics. Landen was arrested on his arrest warrants and additional charges of carrying a loaded firearm in a public place, possession of burglary tools, violation of probation, resisting arrest and possession of a narcotic controlled substance. Landen was taken to the Humboldt County Correctional Facility where he was booked on the above listed charges. He is ineligible for bail. Anyone with information for the Sheriff's Office regarding this case or related criminal activity is encouraged to call the Sheriff's Office at (707) 445-7251 or the Sheriff's Office Crime Tip line at (707) 268-2539.



Ry Taylor Landen

**POLICE VIOLENCE & ACCOUNTABILITY** Join the Center for Excellence in Public Debating for an open discussion with Humboldt State University Police Chief Donn Peterson about police violence and accountability in our community **today, Nov. 16** from 7 to 9 p.m. in HSU's Goodwin Forum. How do you feel about UPD and what would you ask the chief of police? This conversation is meant to be engaging and shed light on new perspectives. There will be time for audience questions.

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## ELECTIONS 2017

# Candidates sought for McK board

**Jack Durham**  
MAD RIVER UNION

MCKINLEYVILLE – The filing period begins next week for candidates to fill a vacancy on the McKinleyville Community Services District Board of Directors.

The five-member board oversees sewer, water, streetlights, parks and recreation in the unincorporated community. The board also provides a voice for the town and serves as a quasi Mack Town city council.

The filing period begins Monday, Nov. 21 and continues through Friday, Dec. 16.

The qualifications to run are simple: You must be a registered voter living within the district's boundaries. To become a candidate, you must fill out paperwork at the County Office of Elections at 2426 Sixth St. in Eureka.

In late February, the Office of Elections will mail ballots to registered voters in McKinleyville. Those ballots must be

turned in by March 14, 2017, which will be election day. The only polling place will be the Office of Elections.

If no-one signs up to run, or there's only a single candidate, then the Board of Supervisors can appoint someone to the position and the election will be canceled.

The vacancy on the board was created in June, when Director Helen Edwards resigned and moved to Arizona. Edwards had served on the board since 2007. Whoever fills the vacancy will have a term that continues through December 2019.

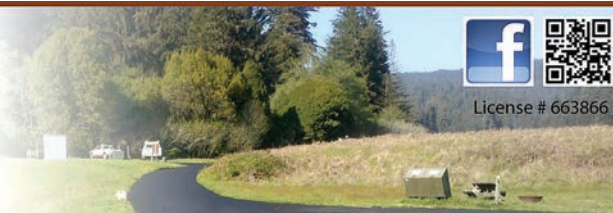
Board members are paid \$125 for each board meeting, which are typically held on the first Wednesday of the month at 7 p.m. at Azalea Hall, 1620 Pickett Rd. in McKinleyville. The board rarely meets more than once a month, so the annual income of a board member is about \$1,500.

Board members also have various committee assignments and attend other meetings that they don't get paid for.

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# OPINION

## Seeking solutions to our problems, one idea at a time

### An alternative idea for McK hub

(The following letter was written to Fifth District Supervisor Ryan Sundberg. — Ed.)

As you are aware, the proposed McKinleyville social services hub is unwanted by the business and residential community. It isn't because people are unwilling to help those in need, but rather that there are other options available. For example, below is an alternative that would be an acceptable compromise for everyone. An alternative that does not require building anything, allows the required services to be offered and does not place the business or residences in jeopardy. There are two parts to this idea.

1. Social services leases existing office space that would be used only for services that will not attract the undesirable element from the homeless population, the mentally ill, drug addicted and criminally active. The space could be used for a non-public food pantry, family reunification, WIC and similar services.

2. Unless something has changed, my understanding is that the county can own vehicles. The county would purchase modified RV units in pairs. The modification would be no bedroom. That space in one unit would be a mobile pantry, clothing, bedding or other necessities the homeless need. The second unit would be two offices: one for mental health counseling and second office for social services. These units would go directly to the homeless encampments together. This would allow direct services to the populations in need and avoid drawing the more unsavory element into business and residential areas. More units could be purchased if the program was successful and as the budget allows. Mobile units have a long history of bringing needed services since I was a child 50 plus years ago when a bookmobile came to our neighborhood.

I hope you will seriously consider this option, but if the community is included in the process there are probably scores of solutions that would work better and cost less.

**Martha Henry  
McKinleyville**

### Declare a shelter crisis, please

The Human Rights Commission is ineffective on the issue of homelessness. The November meeting of the commission exploded over the issue of homelessness in Southern Humboldt and result-

### ❖ LETTERS

ed with the resignation of Nezzie Wade from the commission.

This is not the first time the commission has struggled with the issue of homelessness. Let me explain how it works. The commission is created to provide recommendations to the Board of Supervisors. It has no power and the supervisors have ignored the recommendations by the commission to declare a Shelter Crisis.

The commission cannot create an ongoing committee to work on individual issues such as homelessness, but it is forced to deal only with individual complaints rather than treating the issue holistically and making real progress.

Consider the fact that the supervisors do not fund the commission, resulting in the fact that the commission has \$43.50 in its bank account.

The commission had to go the McLean Foundation for funding to provide public forums in the outlying areas. Unfortunately, the forums are another example of gathering information from the public that produces no effective results on the human rights issues.

The commission is another government organization that acts as a public relations façade so that the county can proclaim it is doing something productive to protect human rights. Consider the fact that the resignation of Wade leaves seven open positions on the 15-member commission. The fact that the commission is ineffective is a direct result of the lack of participation by serious members of the community who would contribute and make an impact on human rights issues such as homelessness.

In lieu of the recent closures of the temporary homeless camps, the commission has dropped the ball even though an ongoing crisis continues to exist. The temporary homeless camps were shut down despite that the City of Eureka had declared an emergency shelter crisis, and the Board of Supervisors has failed to even recognize that the crisis exists. While it sounds like a simple solution to refer folks to local shelters, the fact simply remains that there is not enough housing in the shelters for the number of homeless that exist.

Laws that segregate, make criminals of people based on their status rather than behavior, or prohibit certain people's rights to be in public places are just sad relics from the past: Today, numerous laws infringe on poor people's ability to exist in public space or

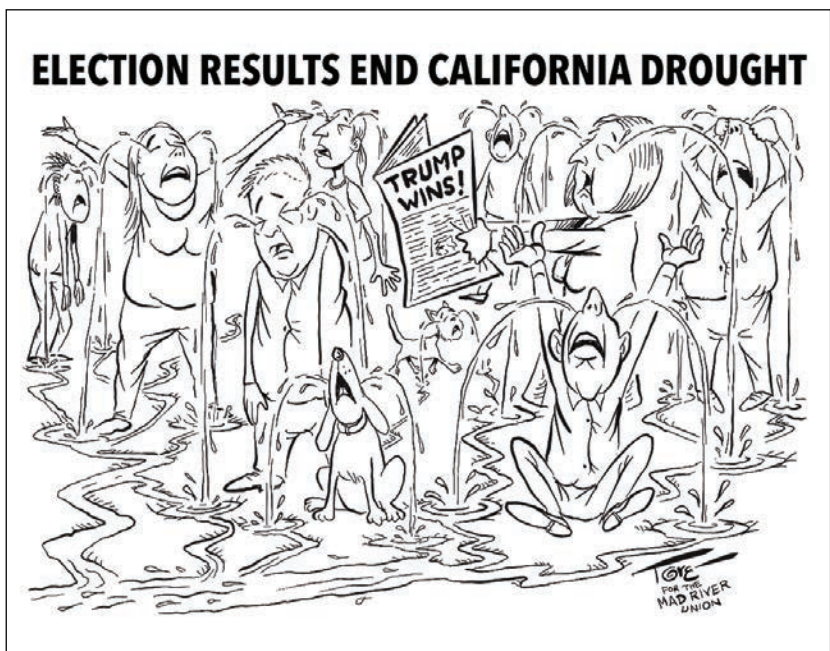
obtain basic needs such as housing, employment, and equal protection under the law.

The Homeless Bill of Rights Campaign stands on the shoulders of social justice campaigns to alleviate poverty and homelessness while protecting homeless and poor people from unjust laws and ensuring all people's rights to exist in public spaces.

I implore the Board of Supervisors to declare a homeless shelter crisis and recognize the true nature of the cruelty to human beings and the need to find adequate solutions to the problem of homelessness.

As for the Human Rights Commission, they are simply ineffective and are not contributing to the solution of homeless.

**Winchell Dillenbeck  
McKinleyville**



### Beware of the prybar thief

Imagine having a charm bracelet with decades of mementos; all the grandkids' birthdates and highlights of your life. You come home to find your house has been burglarized. Not only the charm bracelet — which might fetch \$15 or \$20 as scrap silver — gone, but so is all your precious jewelry, the cash you set aside for Christmas, etc. Even mom's wedding ring and grandma's brooch are gone. A lifetime of special memories that will never be seen again.

There's an insidious menace in Arcata with a prybar. He likes gold and small treasures, though won't stop at larger items. If he can't force the door with the bar, he'll simply beat the knob until it shatters.

From the destruction of doors and doorknobs I've seen, he's determined. Deadbolts seem to be a deterrent, but then he'll pry open a window.

Does he ring the doorbell first or hope nobody is home and try

his luck? Maybe he's lurking and watching. Is it during the day, at dusk or the dead of night? By foot or on a bicycle? He's likely not parking a car out front, though perhaps around the corner. Probably, the gold is melted down, but how does he fence the gems? Nobody owns melted globs of gold, so who's buying it? There's likely no shortage of jerks happy to turn a cheek to make a few bucks, but really, who buys melted gold? It's doubtful they record the person's ID like scrapyards do.

People see this guy but don't know his intent. Keep your eyes open, take pictures of a stranger spying or knocking on your door. With prison a revolving door, maybe he has a record, maybe not. I know of four houses he's pried his way into; the police must know many more though

at which representatives from the offices of the District Attorney, Eureka Police Department, Probation Department, Public Defender's Office and Humboldt County Behavioral Health Services told a large, interested audience about what they can and cannot do when mentally ill persons break the law.

Some made suggestions as to what would improve this situation, which has gotten significantly worse. These included supported housing, a day treatment program and more trained personnel in jails and elsewhere.

No one mentioned the possibility of implementing "Laura's Law," originally passed over a decade ago. At least 15 counties in California have done so, most recently, Santa Barbara County. In September, 2016, Governor Brown extended this law to 2022.

Under carefully defined circumstances, an offender may be committed to Assisted Outpatient Treatment in lieu of jail. It is an opportunity to mandate treatment, with the provision of specified services including help with housing, counseling, employment training, other education and medication.

There is a time limit. Other states have slightly different laws; California law requires that it be implemented after approval by the Board of Supervisors. The local Behavioral Health Services Department is required to supply needed services.

Perhaps that is why the last speaker, Dr. Mark Lammers summarily dismissed the question raised during the Q&A session as to why Laura's Law was not mentioned. He said (paraphrased), we had few people who would meet the definition for eligibility and the results would be too expensive to justify it. I wonder if he has reviewed the experiences of other California (and elsewhere) counties. Use your computer to key in "California experience with Laura's Law" and many entries describe the positive outcomes they have had.

Let us hope that the Board of Supervisors will make sure the committee they have appointed to investigate this serious, ongoing problem will, at the very least, review the literature before making its recommendation.

**Sara Turner  
Arcata**

❖ Sign your letter to the Mad River Union with a real name and a city of origin, plus a phone number for identity verification, and email to [opinion@madriverriverunion.com](mailto:opinion@madriverriverunion.com)

### Check out Laura's Law

Thank you for the in-depth coverage of the meeting Nov. 2

**Bob Felter  
Arcata**

## Forging a community safety partnership to make real change

A lot of us have been asking ourselves what's next? How do I step up in light of frightening local and national events? We, the parents of Arcata Elementary School, had a similar question in September when a 12-year-old girl was sexually assaulted on her way to school.

HSU students were asking themselves the same question when one of their own had his jaw broken in an argument that started over racial slurs.

And just last week, after a man was stabbed outside the Arcata Co-op, we find ourselves asking that question yet again.

What next, what now?

We stand together. That's what we do next. A growing group of Arcata community members are working to build a Community Safety Partnership — a coalition of community-based organizations, school boards, businesses, and individual volunteers — that can work in

collaboration with our local government to promote a vibrant, safe and healthy environment in which to live and work.

Numerous public and private meetings have been held to identify priorities and several projects are about to be launched, such as a collaborative art installation that emphasizes beauty while enhancing safety along the pathway where our student was attacked.

However, we recognize the need to create long-lasting and comprehensive engagement with these issues. To that end, we have petitioned the Arcata City Council to form a Public Safety Committee composed of council members, police, business owners, concerned community members, and K-12 school and university



❖ GUEST  
OPINION  
Anjali Browning  
Melissa Lazon

representatives.

Rather than an end-all solution, the formation of this committee constitutes the first step toward making public safety a city-wide priority.

Such a committee can articulate with community organizations to solve broad-reaching problems and ensure that the average Arcata citizen has a place to take their safety concerns and walk away with tangible action.

While the recent incidents of violence in our community are alarming, we need not grab our pitchforks. We cannot, for a moment, alienate the most disenfranchised and vulnerable among us; but that doesn't mean we tolerate the predators that hide among them.

This is a call to take back our

community. To clean our streets, show up for our loved ones, call out bad behavior and protect the town we love.

We recognize that our city leaders and police cannot solve these problems alone. We want to pool our collective energy and resources to encourage community engagement with our public spaces and each other; to build a strong community policing program that emphasizes prevention; to deter aggressive and intrusive public behavior; to support mental health and addiction services; to productively and humanely address the growing population of homeless; to support our local businesses by creating an environment conducive for them to operate viably; to get children to school safely; and to work with our university students and staff to heal the divide between minority students and the community at large.

The Arcata City Council has

placed the Safety Committee on the agenda of their upcoming meeting tonight, Wednesday, Nov. 16 at 6 p.m.

We strongly encourage all that are concerned with community safety to attend this meeting, to sign our petition and to get involved.

A website is in development and scheduled to launch within the week: [arcatacsp.org](http://arcatacsp.org). The website will serve as a hub for interested organizations and individuals to connect, inform and collaborate.

Questions and comments can be directed to [info@arcatacsp.org](mailto:info@arcatacsp.org). The petition can be signed online at [change.org](http://change.org) or on paper at the Arcata Chamber of Commerce, the Arcata Main Street office on the Plaza and PastaLuego in Jacoby's Storehouse.

Melissa Lazon and Anjali Browning are organizers of the Community Safety Partnership.



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### ENF Thanksgiving Dinner Order Sheet

Orders must be placed by 12pm 11/18.

Pick-ups available Nov 22nd-26th

We use organic ingredients whenever possible, all of our meats are nitrate and nitrite free and all of our poultry is raised free range

Name: \_\_\_\_\_ Notes: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Pick up date: \_\_\_\_\_ Pick up time: \_\_\_\_\_  
\$19.99 per person (1 protein, 4 sides, 1/2 pound each)  
#people \_\_\_\_\_ x \$19.99 = \$ \_\_\_\_\_

#### Proteins (mark quantity)

Boneless Turkey Breast \_\_\_\_\_ Ham \_\_\_\_\_  
Boneless Skinless Dark Meat \_\_\_\_\_ Vegan Roast \_\_\_\_\_

#### Sides (mark quantity)

Dairy Mashed Potatoes \_\_\_\_\_ Vegan Stuffing \_\_\_\_\_ Gluten free \_\_\_\_\_  
Vegan Mashed Potatoes \_\_\_\_\_ Roasted Vegetables \_\_\_\_\_  
Turkey Gravy \_\_\_\_\_ Gluten free \_\_\_\_\_ Sweet Potatoes \_\_\_\_\_  
Vegan Gravy \_\_\_\_\_ Gluten free \_\_\_\_\_ Cranberry Sauce \_\_\_\_\_  
Turkey Stuffing \_\_\_\_\_ Gluten free \_\_\_\_\_ Green Bean Casserole \_\_\_\_\_

#### Additional items sold by weight

**Protein options:**  
Boneless Turkey Breast \_\_\_\_\_ Ham \_\_\_\_\_  
lbs \_\_\_\_\_ x \$11.99 = \$ \_\_\_\_\_ lbs \_\_\_\_\_ x \$9.99 = \$ \_\_\_\_\_  
Boneless Skinless Dark Meat \_\_\_\_\_ Vegan Roast \_\_\_\_\_  
lbs \_\_\_\_\_ x \$11.99 = \$ \_\_\_\_\_ lbs \_\_\_\_\_ x \$8.99 = \$ \_\_\_\_\_

**Dessert Options:**  
Pumpkin Pie \_\_\_\_\_ x \$11.99 ea= \_\_\_\_\_ Pecan Pie \_\_\_\_\_ x \$12.99 ea= \_\_\_\_\_

**Sides: All \$8.99/lb**  
Dairy Mashed Potatoes \_\_\_\_\_ lbs \_\_\_\_\_ Roasted Vegetables \_\_\_\_\_ lbs \_\_\_\_\_  
Vegan Mashed Potatoes \_\_\_\_\_ lbs \_\_\_\_\_ Sweet Potatoes \_\_\_\_\_ lbs \_\_\_\_\_  
Turkey Gravy \_\_\_\_\_ lbs \_\_\_\_\_ Cranberry Sauce \_\_\_\_\_ lbs \_\_\_\_\_  
Vegan Gravy \_\_\_\_\_ lbs \_\_\_\_\_ Green Bean Casserole \_\_\_\_\_ lbs \_\_\_\_\_  
Turkey Stuffing \_\_\_\_\_ lbs \_\_\_\_\_  
Vegan Stuffing \_\_\_\_\_ lbs \_\_\_\_\_ **Total lbs \_\_\_\_\_ x \$8.99= \$ \_\_\_\_\_**

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## Mystical Fruit

Paul Mann

My lover's lips are painted red,  
the apple of my eye.  
The pale light dappling her skin is cinnamon.  
Her flesh is silky,  
her hair ever-scented with pungent lavender.  
Her name is musical and lyrical —  
Lucia.

She was born swimming in a seashell  
off the island Cythera,  
southernmost of the Ionian Isles.  
She is never motionless,  
my protean Aquarian mermaid.

Lucia's lashes are miniature whisks,  
tiny fans for sweeping away tears,  
or playing the vamp.  
Her lips are silent,  
at times hungry,  
other times solemn,  
always voluptuaries.  
Her countenance is made of saturnine ivory,  
like Gineva di Benci's,  
although my Lucia is no sulking banker's wife,  
as Leonardo painted in his timeless portrait.

Eyes shuttered in the gentle afterward,  
we are at peace,  
completed.  
Contented?  
I don't presume.  
Love has countless vagaries and moods.  
There are dualities between us,  
of course,  
and false suppositions.  
We become the masks we wear.  
But in genuine love,  
we take them off ...  
at times anyway.

Do we orbit each other's innermost worlds  
or one another's planets, flung far apart?  
Which of our many worlds are which,  
hers and mine?  
As in Watteau's puzzling painting,  
I ask Lucia,  
"Are we embarking for Cythera or departing it?"  
We can't tell; for now we don't need to know.  
We are one,  
thriving together on mythological fruit.



**LOSE YOUR SPARE TIRE** A compact Debi Farber Bush, one of the founders of Fit Nor Cal, now fits neatly into all sorts of things and places.

KLH | UNION

**Kevin Hoover**  
MAD RIVER UNION

ARCATA — American obesity rates continue to climb, both among adults and children. And Arcata's vibrant culinary scene — from its unique, enticing restaurants to the stunning array of local foods available at the Farmers' Market, not to mention the luscious spreads laid out at various events and occasions — isn't exactly making it easy for some of us to keep our figure in line. And here we are in the holidays, with tasty offerings of the season everywhere.

Physical fatness isn't just a vanity situation. According to the Centers for Disease Control, 36 percent

of American adults and 17 percent of teenagers are overweight. Obesity leads to all manner of risky physical and mental maladies, including hypertension, high cholesterol, Type 2 diabetes, coronary heart disease, stroke, cancer, depression, low self-esteem and poor quality of life.

Unless you're one of those fortunate, detestable folks who can eat everything and not blimp up, you've probably considered signing on at a health club, where so many others find success. But with all those enviably toned exercisers, frightening equipment and damning mirrors, walking in there in your present state can be intimidating.

The getting started thing.

If that's your sitch, Fit Nor Cal may be an approachable option.

The new health studio at 1049 Samoa Blvd. (the former Baroni building) is anything but scary. For one thing, apart from the restrooms, there's only one mirror, and it's in the office. After 57 gallons of paint and months of renovations, the 4,000-square-foot, skylight-brightened facility is roomy and welcoming.

You can see it for yourself in an even more non-intimidating environment at Fit Nor Cal's Grand Opening event this Friday night, Nov. 18 at 6:30 p.m., plus enjoy music, food, libations and prizes.

## FITNESS MADE FRIENDLY

Fit Nor Cal isn't about just looks, it's about health, realistic fitness goals and personal care. And since this is a Debi Farber Bush-involved operation, the place bubbles with an exuberant, mischievous ... OK, sometimes slightly naughty vibe.

"We're here for the person who is getting serious about getting guidance with fitness goals," Farber Bush said. "Everyone who comes in our doors gets personal attention. We're not a big box that takes your money and says, 'Do your thing'."

Training can be individual, in tandems, triples or groups.

Farber Bush leads exercise sessions, but her passion is the nutrition aspect. Each of the team members — Daniel Baer, Andy Salatanay, Grace Driscoll, plus associates John Schmidt and Cheri Cohen — offer a range of specialized services from injury rehab to Pilates to lifestyle management.

An initial consultation helps identify wishes and challenges, with a workable plan for exercise, fitness, nutrition, even proper sleep and stress relief emerging from the discussion.

While you could well set

**FIT ♦ B2**



## Murder is just the beginning of the deadly game

**NORTH COAST REPERTORY THEATRE**

EUREKA — The North Coast Repertory Theatre continues its 33rd season with Agatha Christie's *The Hollow*, opening this Thursday.

Old grudges and furious resentments. Broken hearts and twisted minds. At *The Hollow* — the decaying estate of the disolute Angkatells — one family reunion will end in murder. But that means the deadly game has just begun. Prepare yourself for a dark thriller by the master of suspense, Agatha Christie.

*The Hollow* is the first production directed for North Coast Rep by the theatre's recently-hired managing artistic director, Calder Johnson.

"Unsurprisingly — considering it's

**POOR, COMPLEX, TORTURED SOULS**  
Bayley Brown, Montel Vander Horck III, Caroline McFarland star in Agatha Christie's *The Hollow*.

SUBMITTED PHOTO

Christie — *The Hollow* is first and foremost a classic whodunit," said Johnson. "And in that capacity it succeeds admirably. But what really drew me into the script and captured my attention were the compelling psychological portraits Christie painted of her cast. These are poor, complex, tortured souls with a rich web of emotionally-charged connections to each other. And it's been a real joy to explore the intricacies of that situation with these actors."

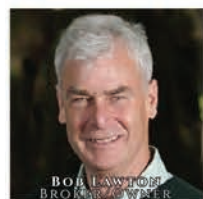
The cast features Bayley Brown, Bill and Willi Welton, Morgan Cox, Kelsey Larson, David Simms, Ariel Bridges, Montel Vander Horck III, Sarah Traywick, Caroline McFarland, Scott "Q" Marcus and Tyler Egerer. Scenic design and lighting designs are by Johnson. Costume design is by Laura Rhinehart. The production is stage managed by Kira Gallaway.

The production opens Thursday, Nov.

17 at 8 p.m. with an opening night gala that includes a champagne reception after the show. This performance is a benefit for the cast and crew; all seats for opening night are \$16. The performance of Friday, Nov. 18 benefits the Arcata Arts Institute and that of Saturday, Nov. 19 benefits the Eureka High Music Boosters; tickets for both these nights are \$20.

Regular ticket prices of \$16/\$13 for students and seniors begin Friday, Nov. 25. The production runs Fridays and Saturdays through Dec. 10, with one additional Thursday performance Dec. 8. All evening performances begin at 8 p.m. There will be 2 p.m. matinee performances Sundays, Nov. 27 and Dec. 4. The theatre is located at 300 Fifth St., Eureka.

For reservations, group rates, or more information, call (707) 442-NCRT (6278) or visit [ncrt.net](http://ncrt.net).



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**Deadline:** Wednesday, November 16, 2016 at 3 p.m.

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# Do-it-yourself zero-waste breakfast: savor the sweet (Earth) savings

Living zero-waste can be challenging, even in Humboldt County, and more so if you live on a budget. This is especially true when it comes to eating. Food products are the source of most of the disposable packaging coming into our homes, but many of the foods packaged in reusable glassware strain our budget, and some of the things we like to eat aren't available in the bulk section.

But necessity is the mother of invention (hey look, Kevin, kind of a Zappa reference!), and I keep finding some real gems of food preparation. One of my favorite recent finds has been DIY yogurt and granola.

Granola can be pretty pricey, even in bulk. Because I can't eat a lot of foods (let's not get into that), store-bought granola usually contains things I can't have: honey, cashews, raisins and so on. But then I was watching *America's Test Kitchen* and came across a simple granola recipe. Theirs called for dried fruit, but I make



it without. It's cheap, it's easy, and you can get all of the ingredients in many local stores' bulk sections.

### Simple granola

In a large bowl, mix together **1/3 cup of brown sugar** and **1/3 cup of maple syrup**. Whisk in **1/2 cup of**

**canola oil, 4 teaspoons of vanilla** and **1/2 teaspoon of salt** (I use coarse sea salt for a nice balance of salty and sweet). Then, stir in **5 cups of rolled oats** and **2 cups of chopped almonds**.

Put a sheet of parchment paper down on a rimmed baking sheet and pour the granola mixture onto it. With a spatula or your fingers, pat the granola firmly down into one large flat cookie. Bake for 40 minutes at 325°, rotating the pan once halfway through. Let cool for an hour, then break up the granola into clumps.

That's it. It will keep for a couple of weeks in a sealed container.

But as delicious as it is, granola is dry, so, have it with yogurt. The plastic containers that most yogurt

comes in are really unacceptable, so I was buying the pricier yogurt in glass jars. Then my nutritionist turned me on to making my own.

My dad, who grew up during the Great Depression and taught me to be super thrifty, used to make yogurt, using special equipment and bacterial cultures. Turns out, though, you can easily turn yogurt into more yogurt.

### Simple yogurt

Pour **2 quarts of whole milk** into your super-clean crock pot (I use the organic milk in the glass bottle for no waste) and heat it on low for 2 1/2 hours.

For optimum safety, use a candy thermometer to check the temperature of the milk; it should get up to 180°. You should also sterilize everything (crock, thermometer, jars) in the dishwasher. You want good bacteria to grow, not anything nasty that may be lingering in your kitchen. (Jack, my editor, likes it when I advise people to follow safety rules.)

Anyway, after the milk has heated up, turn off and unplug the crock pot and let it sit for three hours to cool to about 110° to 115°.

At the end of the three hours, add **1/2 cup of plain store-bought yogurt**. Make sure the yogurt you start with is unsweetened and has live cultures; I started off with the pricey glass jar kind. Take the crock out of the crock pot leaving the cover on, and wrap it in a clean bath towel to keep in the heat and keep out the light.

Put the whole thing in a warm oven that's been turned off (another important safety tip) and leave it in there eight to 12 hours (overnight) to incubate. Don't mess with the oven or jiggle the crock.

(If you plan it right, you can make granola and yogurt on the same day, let the oven cool to around 150° and pop in the yogurt crock. I'm serious about this zero-waste thing.)

Next morning, take the whole thing out of the oven, unwrap it and stick it in the fridge. I like to put mine into jars (the ones I have left over from my past life buying pricey yogurt) but you can also store it in the lidded crock, if you have no other use for it. In a sealed container, yogurt will keep for a week or two. It gets more tart

over time. This recipe yields three jars of yogurt. I did the math: two quarts of organic milk in a glass bottle costs about \$6; three jars of organic yogurt in glass jars cost about \$21. *Every time I make this recipe, I save \$15!*

I've made this with full-fat, 2%, 1%, fat-free and lactose-free milk. The first time I made it, the yogurt came out runny (great for smoothies); over time, I've figured out the magic combo to make the pudding-like texture I love. I find that the longer I leave yogurt in the oven, the more it gels, so I leave mine in there for 12 hours.

Once you get started, save the last of your yogurt so that the next time, you can just start it off with your own homemade yogurt rather than the store-bought kind. Like a kombucha SCOBY or a sourdough starter, you can just keep it going and going.

You can flavor up your yogurt with some vanilla or maple syrup. My wife likes to stir in a dollop of peanut butter. I serve up my yogurt and granola with some berries and savor the sweet (Earth) savings.

**PINTS FOR PLANNED PARENTHOOD** Drink up at Mad River Brewing Co., 101 Taylor Way, Blue Lake, **today, Nov. 16**, when \$1 from every beer sold all day benefits Planned Parenthood. They will have interactive games and informational handouts.

**SCI-FI PINT & PIZZA NIGHT** See *Gamera* (1965) and other psychotronic weirdness, trailers, short films and strange giveaways **today, Nov. 16** at Arcata Theatre Lounge, 1036 G St. Doors open at 6 p.m. and the main feature starts at 7:30 p.m. At the height of the Cold War, a conflict between the East and West ignites a nuclear disaster, with the atomic explosion awakening the ancient and long-forgotten Gamera. Admission is free with \$5 minimum purchase of food or beverage. Parental guidance is suggested.

**FOURTH ANNIVERSARY** The Logger Bar celebrates the fourth anniversary of its re-opening **Thursday, Nov. 17** with hors d'oeuvres, champagne and drink specials from 7 to 11 p.m. and The Livingrooms playing from 8 to 11 p.m.

**CHAMBER MUSIC** Classically trained musicians from the HSU Faculty Artist Series perform a concert of chamber music at the Morris Graves Museum of Art, 636 F St., Eureka, **Saturday, Nov. 19** at 2 p.m. Performers include Karen Davy (violin), Kira Weiss (cello) and Jina Davis (piano) playing "White Snake Overture" by Brian Post, as well as Nicholas Lambson (guitar) playing several works, and Daniela Mineva (piano) playing "Images oubliées" by Claude Debussy. Along with the musical performances, the audience will be treated to educational interludes about the pieces being played and the compos-

ers who created them. Admission is \$5/\$2 for students, seniors and military/free for museum members, children under 18 and families with an EBT card.

**NICE N' EASY** Enjoy a glass of wine and an afternoon of jazz with Nice n' Easy at the Morris Graves Museum of Art, 636 F St., Eureka, **Sunday, Nov. 20** from 3 to 5 p.m. Nice n' Easy is a trio comprised of Bear Winkle on bass, Albert Clark on piano and vocals and Bill Moehnke on drums and vocals. Joining the trio for this lively performance will be special guest vocalist Brigitte Brannan. Nice n' Easy plays the standard jazz tunes, so get ready to tap your toes and enjoy the show. Wine & Jazz is a monthly program where music lovers can enjoy a live jazz performance with a glass of wine, and, if they wish, even participate in a 30-minute jam session with the band after the show. Admission is \$5/\$2 for students, seniors and military/free for museum members, children under 18 and families with an EBT card.

**TECHNOLOGY'S IMPACT ON RELATIONSHIPS** The consequences of living online will be explored at Lifetree Café **Sunday, Nov. 20** at 7 p.m. The program, titled "Living Online: Provocative Thoughts From the Author of *Is Google Making Us Stupid?*" features a filmed interview with Nick Carr, a 2011 Pulitzer finalist who frequently writes about technology and culture. During the program, participants will have the opportunity to discuss the positive and negative impacts technology has had in their own lives and relationships. Lifetree Café is a free conversation café with coffee and snacks at Campbell Creek Connexion, corner of Union and 13th streets, Arcata. (707) 672-2919

## Fit | Not fat

❖ FROM B1

yourself on a path to being a ripped bod-god, most folks have more practical aspirations. Fitness history and physical impediments are factored in.

"Your goal might be weight loss, maybe strength," Farber Bush said. "Everyone's different."

"You might want to get into your car without pain, or play with your grandchildren on the floor," Baer said.

And don't buy into the paradox that you need to already be in good shape to get started. "You can be a total wreck, as long as you have doctor's clearance," Farber Bush said.

The plans are ever evolving, and oftentimes they take on a life of their own. "People hit their goals and start to feel more confident about themselves," Farber Bush said. "They start to feel more confident about what they can do and accomplish."

Along with mirrors, some other gym-timidating features are notably absent from Fit Nor Cal. There aren't a lot of stainless steel torture machines; just



**FITNESS FOUNDERS** Andy Salatnay, Debi Farber Bush, Grace Driscoll and Daniel Baer.

KLH | UNION

some stationary bikes and treadmills in the cardio area. And spandex is rare there.

"People don't want to worry about outfits," Farber Bush said. "We're more down-to-earth."

However, there is a full complement of free weights, medicine balls, kettle bells, TRX suspension straps, bars and other handy gear. Plus some luxu new showers.

Laughter and support are also present in abundance. "We give our clients encouragement, to feel comfortable," Farber Bush said. "We never make anyone feel bad. People appreciate that we don't yell at them."

While the path to fitness isn't easy, it doesn't have to be hellish. Like any challenge, just getting going is the biggest battle.

"The hardest part of starting out is walking through that door," Baer said.

Farber Bush did so three years ago when she and her team got Fit Nor Cal underway in its original Greenway Building location. Now, having gotten off the chronic weight loss/gain "yo-yo," she is literally less than half of her former self.

"Who would have ever thought at 350 pounds that I'd own a gym someday?" she mused.

(707) 630-5072, [fitnor-cal.com](http://fitnor-cal.com)

CALENDAR	VENUE	WEDNESDAY, NOV. 16	THURSDAY, NOV. 17	FRIDAY, NOV. 18	SATURDAY, NOV. 19	SUNDAY, NOV. 20	MONDAY, NOV. 21	TUESDAY, NOV. 22
	Arcata Theatre Lounge 1036 G St., Arcata	6 p.m. • Sci Fi Pint & Pizza Night	9 p.m. • Rising Appalachia	9 p.m. • Rising Appalachia		5:30 p.m. <i>The Iron Giant</i>		
	Blue Lake Casino 777 Casino Way, Blue Lake		9 p.m. • Karaoke w/ KJ Leonard	9 p.m. Dr. Squid	9 p.m. • Blue Rhythm Revue	9 p.m. • Karaoke w/ KJ Leonard		
	Cher-Ae Heights Casino 27 Scenic Dr., Trinidad	8 p.m. Free pool		9 p.m. • Christina D'Alessandro & the Northcoasters	9 p.m. Dr. Squid	8 p.m. • Karaoke with DJ Marv	8 p.m. 8-Ball Tourney	8 p.m. • Karaoke with DJ Marv
	Humboldt Brews 856 10th St., Arcata	8 p.m. David Nelson Band	8 p.m. David Nelson Band	9:30 p.m. The Main Squeeze	9:30 p.m. Agent Orange			
	The Jam 915 H St., Arcata	9 p.m. Whomp Whomp	9:30 p.m. Ol Silver Tongue	9:30 p.m. Hardly Deadly		9:30 p.m. Sundaze		9 p.m. Comedy Night
	Libation 761 Eighth St., Arcata		7 p.m. Claire Bent	7 p.m. • Hall, Engleman & Lang	7 p.m. Jim Silva			
	Logger Bar 510 Railroad Ave., Blue Lake		8 p.m. • 4-year re-opening party	9 p.m. Kindred Spirits	9 p.m. The Undercovers	6 p.m. Potluck dinner	all day Free pool	all day Free ping-pong
	Mad River Brewing Co. 101 Taylor Way, Blue Lake	6 p.m. The Attics	6 p.m. • Compost Mountain Boys	6 p.m. Cadillac Ranch	6 p.m. Cadillac Ranch			6 p.m. Holly and the IV
	Redwood Curtain Brewery 550 South G St., Arcata		8 p.m. Comanche Joey		8 p.m. • Noble, Reggae DJ		7 p.m. Shuffleboard	
	Six Rivers Brewery 1300 Central Ave., McKinleyville		8 p.m. • Thursday Night Bluegrass	9 p.m. Jimi Jeff	9 p.m. Jim Laman Band	8 p.m. Trivia Night	8 p.m. • Karaoke with DJ Marv	

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# Much thankfulness in Trinidad

Trinidad's Annual Blessing of the Fleet takes place at the Trinidad Memorial Lighthouse at Edwards and Trinity streets Thanksgiving Day, Thursday, Nov. 24 at 10 a.m.

Fourteen commercial vessel captains and crews will be honored with wishes for safety and abundant harvests as they set out on or about Dec. 1 to set crab pots.

Susan Rotwein, wife of Captain Zach Rotwein, suggests that there is a good chance the fishing season may start on time this year. The commercial fishing fleet is greatly appreciated in Trinidad and this annual ceremony is a fine reminder of the considerable risks that sea captains and crews take to bring the ocean's bounty to family tables near and far.

Marge O'Brien is the ceremony organizer assisted by Greta Daniels, Susan Rotwein and others in the fishing community. The ceremony lasts about one hour.

## 'REI Opt Outside'

REI and dozens of land trusts, trail, angling and hunting organizations, parks, outdoor associations and clubs and nature centers – including Trinidad Coastal Land Trust – are promoting "Opt Outside" events all over the country as an alternative to Black Friday shopping. The idea is to get outdoors instead of pushing around a shopping cart inside.

In Trinidad, local author Michael Kauffman will lead a guided tour of Trinidad Head. Meet at the base of Trinidad Head for a 1 p.m. interpretive walk. Spend Friday afternoon, Nov. 25, in outdoor appreciation and make up for that extra slice of pumpkin pie while giving thanks for the beauty in which we live.

## Trinidad Art Gallery fourth anniversary

Trinidad Art Gallery will highlight the gallery's fourth anniversary Saturday, Nov. 26, from 2 to 5 p.m. The public will be welcomed with food, drink, live music and holiday spirit. The gallery's featured November artists, painter Annie Reid and jeweler Drew Forsell, will be present along with many more of the gallery's artist members.

Two of the gallery's founding members, Irish harpist Howdy Emerson and singer/songwriter J.D. Jeffries will entertain from 2 to 3 p.m. Then, from 3 to 5 p.m., the popular Fred Neighbor and Bruce Johnson duo will present live jazz.

"Buy local" has a special meaning at a



cooperative gallery that offers the public a unique opportunity to purchase original art directly from the artists. As members of the cooperative, the individual artists are entirely responsible for managing and running the business. All proceeds not needed for the upkeep of the gallery are returned to those artists.

Visitors always have the opportunity to meet one of the artists, because they each take turns daily at the gallery's desk.

On the occasion of its fourth anniversary, the gallery members are holding this celebration to thank all those to whom they owe their beginning and their continued success. They proffer a special thanksgiving to the ongoing help and support of the Trinidad Coastal Land Trust, which manages the historical home left to them by Trinidad artist-historian Ned Simmons. Over four years ago, a small number of Trinidad artists, including Tim Breed, Howdy Emerson and Barbara Wright, recruited about 20 of Humboldt County's fine artists to create this cooperative and to offer up their time and treasure to turn a beloved house into a remarkable art gallery.

A year ago, the land trust worked with the artists on an additional remodel so that the number of members could expand to its current number of 26. Thanks to an intensive effort by volunteers from the gallery – as well as contractor Tom Sheen, electrician Dennis Hanlon and Mike Taylor of Atlas Engineering – who all gave generously of their time and talents, now the gallery displays fine art of many types: painting, ceramics, jewelry, fabrics, blown and mosaic glass, woodworking, photography, masks, prints, glass, sculpture, dolls and music CDs. The garden was designed and developed by the November's artist of the month, Drew Forsell, and maintained by inspired gallery members.

Trinidad Art Gallery is open every day of the week from 10 a.m. to 5 p.m., with their fourth anniversary and Holiday Gift Gala Saturday, Nov. 26 from 2 to 5 p.m. The gallery is located on the main street of Trinidad, a block before the Trinidad Lighthouse at 490 Trinity St. For information, call (707) 677-3770 or visit [trinidadartgallery.com](http://trinidadartgallery.com).

Email Patti at [baycity@sonic.net](mailto:baycity@sonic.net).



**BIRD** Suk Choo Kim speaks about his large-scale works at Black Faun Gallery.

# Kim soars 'Beyond Photography'

## BLACK FAUN GALLERY

EUREKA – Black Faun Gallery presents "Beyond Photography," new works by fine art photographer Suk Choo Kim through Dec. 31. Kim presents an Artist Talk at the gallery, located at the corner of Second and G streets in Eureka, Saturday, Nov. 19 at 3 p.m.

Kim's large works (some as large as 44-by-120 inches) were recently completed for the exhibition. "'Beyond Photography' started in early 1970 when I was experimenting with Polaroid materials," said Kim. "The film allows you to manipulate the dyes and to separate the emulsion of the image and transfer it to a piece of paper or other materials. This process resulted in jewel-like, painterly photographs that were new at the time. However, I could only produce 4-by-4 inch photographs for each image. They were too small to produce the visual and emotional impact I wanted, which caused me to stop working on the project 40 years ago."

The impetus to revisit this experimental project from his youth came this year. "When I found out I had gastric cancer earlier this year, the desire to finish the 'Beyond Photography' got stronger," said Kim. "After I was invited to show at the new Black Faun Gallery and saw the space, I knew the time had come to finish the project ... I did not want to fail this project that I had started. I saw a potential before but never met that potential. I wasn't satisfied. Suddenly, I realized that this project is about the texture, material and size. So I made a few big pieces and it hit me that this is how it has to be."

Kim found an escape from the worries and pain associated with a cancer diag-

nosis and treatment through his work. "I knew that it was going to be hard to work after surgery, so I finished 'Cindy Combined,' the last piece for the Black Faun show, the day we drove down to San Francisco for the surgery," he said.

Another poignant aspect of "Beyond Photography" is the work of a young man being finished by the man in his 60s. "When I'm working, I remember the feeling of when I first took the picture," said Kim. "I remember the young flower child that I was and how excited I was. I was getting bored with traditional photography, so I was pushing what I could do with it and I can feel the initial excitement of the time – at that time I was 10 years younger than my son is now."

"Now when I look at the piece, I have a different relationship to it. I am looking at how to make the texture – often with acrylic and water – trying to figure that out it is very pleasant. I am just at the moment working with the media."

"Cancer is a long-term process. It is always in the back of my mind, but when I'm in the studio, I'm solely into doing work. It helps me forget about cancer. I worked on printing and painting this project for the past three months while going through chemotherapy. When I felt ill due to its side effects, being in the studio and concentrating on this project helped get my mind off of the discomfort. It was great therapy."

The gallery is open to the public Thursday through Saturday from 11 a.m. to 7 p.m., and by appointment. More information about Black Faun exhibitions and artists is available at [blackfaunart.com](http://blackfaunart.com) or by contacting the gallery at [contact@blackfaunart.com](mailto:contact@blackfaunart.com) or (707) 267-4297.



**AN EVENING OF LATIN JAZZ** The sixth show in the Westhaven Center for the Arts Jazz Series is Friday, Nov. 18 at 7 p.m. RLA Trio hosts conguero and percussionist Jon Lewis in an evening of Latin jazz. Lewis, who was director of Samba Do Norte and ran the samba parade for 10 years, has studied with many world class percussionists such as Chalo Eduardo, John Santos, C.K. Ledzepco, Malonga Cascelourd and David Penalosa. He played in Caldera Nueva, Kachimbo, Ponche and presently the Latin Peppers. The Jazz Series is the third Friday of every other month, with many great acts on the line-up; admission is a \$5 to \$10 sliding scale. The center is located at 501 S. Westhaven Dr. (707)677-9493, [timrandlespiano@gmail.com](mailto:timrandlespiano@gmail.com) COLLAGE BY TIM RANGLES

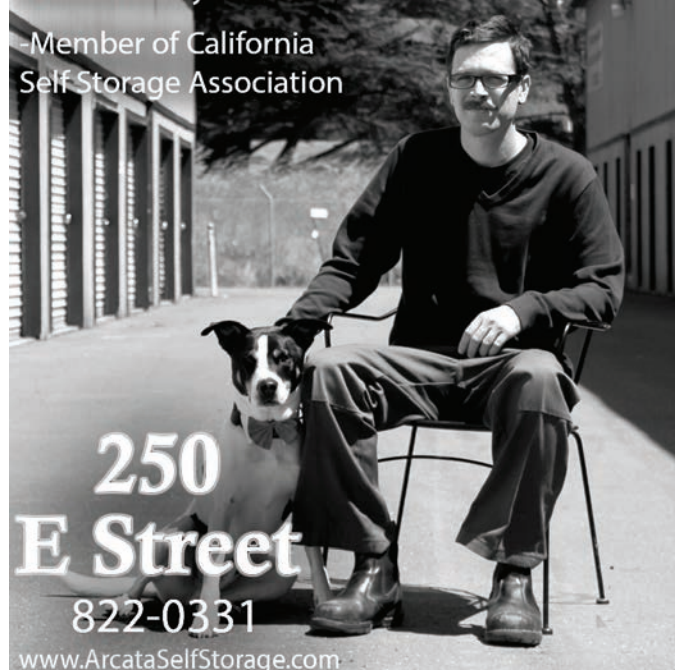
## STRANGE THINGS DONE

As part of Tellebration, Paul Woodland presents his latest storytelling venture **Saturday, Nov. 19** at 7 p.m. in the Sanctuary, 1301 J St., Arcata. This is a special evening of tall tales, urban legends, and ghost stories with practitioner of the oral tradition Woodland (*The Whippy Dip Radio Show*), wonderful spectral storyteller Carpathian (Patient Creatures) and special musical guest, local songstress Lisa Sharry. The event is suitable for people 5 and older; advance tickets are \$7 at Wildberries Marketplace; admission is \$10 at the door the night of the show. People 12 and under are admitted free of charge.

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## On The House...



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3. Assess the interior design. Will the layout work or can it be modified to suit your needs? Take into account your furniture, but don't let it dictate your decision.
4. If the house has been renovated recently, did the local building department issue a permit and was the work approved?
5. Is there any development or road construction planned for the general area?
6. Are tenants currently leasing the house?

You might have to compromise on some of these aspects, because no house is perfect. Enlist our help to consider these issues and choose the best home available.

For professional advice on all aspects of buying or selling real estate, call Joanie Frederick, Broker, Azalea Realty, (707) 362-0144, or check out our website at [www.azalearealty.com](http://www.azalearealty.com).

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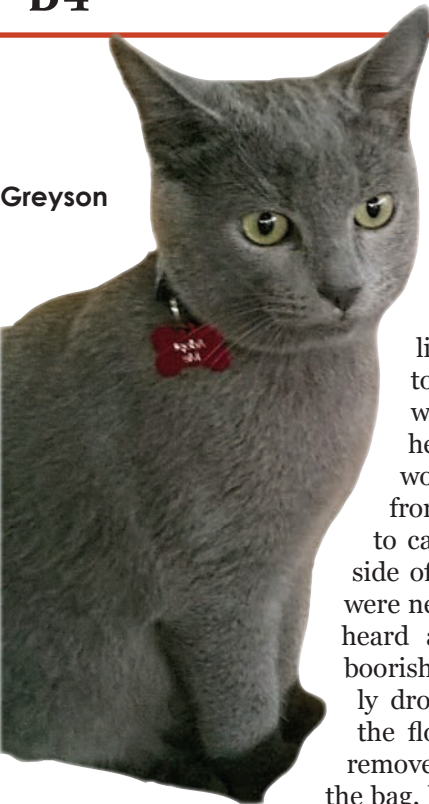
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Greyson



# Philosophia feles, or, the deep ponderings of Heather and Greyson

Heather



Heather curled up on a sunlit chair, attempting to enjoy a minute of warm quiet before her grey-coated friend would inevitably return from his failed attempt to catch a fly on the outside of a window. Her eyes were nearly closed when she heard a *thwop* as another boorish two-legger clumsily dropped a large bag on the floor. As soon as they removed the first item from the bag, her quiet was pierced by an ever-chipper voice approaching her from the window.

“Hey Heather,” asked Greyson, “why are the two-leggers always bringing in their fake colored furs? I know they use them to cover their furllessness, but why don’t they just keep the same ones? Better yet, why don’t they just grow some nice fur?”

“Well,” responded Heather, “clearly it is because they do not know who they are. Any decent cat knows exactly who they are, and they wear their permanent fur proudly to show it. Two-leggers are not so wise as we cats; they are capricious with their senses of self. They need to put on a new set of fake fur everyday in the vain hope that they will simply stumble into their identity. They swap different piles of fake fur with each other, and try to copy the look of the most popular two-leggers, because they lack confidence to be as honest as a cat. There is no such thing as an unpopular cat, as you know.”

“I can’t deny that, I’ve never met an unpopular cat.”

“See Greyson, two-leggers are like newborn kittens. They are born into the world uncertain and confused of what exactly the world is and how they fit in to it. Slowly, but surely, they figure out their place, and their fur reflects as they become cats. Two-leggers never really grow up though, they never turn into cats.”

Greyson was perhaps listening to the explanation, but his eyes seemed to be drawn to a young two-legger repeatedly skipping over a large piece of string it held in both hands.

“Hey Heather,” questioned Greyson, “why do the two-leggers always wander around looking at all the things here, picking them up and putting them down, some leaving with many of them and some with none? How come they don’t just come in for the thing they want and take it?”

“Well,” replied Heather, “obviously that is because two-leggers never know exactly what it is they want. They

think that certain things will make them happy, but just as they are always changing their fake furs, they are always changing what makes them happy. A cat, of course, is a much more logical creature. What makes you happy Greyson?”

“A real nice piece of string, I’d say.”

“And in your many, many months of life, has that ever changed?”

“No ... no, I think I have always been a piece-of-string-kind-of-guy.”

“Precisely, Greyson, and being a reliable cat, I don’t think you will stop being a piece-of-string-kind-of-guy.”

“Ugh, it feels wrong just pretending in my head that I wouldn’t like string.”

“See Greyson, two-leggers are like birds. They are always looking for different things, particularly shiny things, to put in their nests. They think that if they get just the right amount of those things, they will be the best bird around and finally feel at ease sitting in their nests. Of course, all birds are terrible, so there can be no such thing as the best bird around.”

“True, there is no such thing as a good bird, let alone a best bird, that’s true Heather.”

“Have you ever met a bird with a satisfied mind Greyson? One who could sit still, content and relaxed as a cat, for even one minute?”

“Definitely not, I’ve never been able to talk to a relaxed bird.”

“Precisely,” Heather sighed, “precisely.”

Heather sorely wanted to get back to napping in her ever-dimming sunbeam. It was clear the two-leggers knew the light would soon be gone, as nearly all of them were herding themselves towards the door. Greyson followed them in hopes of one last pet, and as he rubbed up against their ridiculously long legs, he called out to her across the store.

“Hey Heather,” queried Greyson, “why are two-leggers always coming and going from here, never relaxing or staying the night with us?”

“Well,” answered Heather, “undoubtedly that is because two-leggers do not know where they belong. This place is clearly our territory, but as you can see for yourself, two-leggers have no concept of territory. Cats, being civilized creatures, innately know all proper formalities to go through upon visiting here, but every two-legger simply barges in like an uncouth beast without requesting our approval. As they are too simpleminded to understand territory, they must always keep on the move, lest they wear out the patience of the territory-haver. Honestly I pity them Greyson, it must be tiring not knowing where you should stay.”

“I guess I understand ... but y’know Heather, sometimes I think about following one of the two-leggers out of here. Getting to know one of them, seeing where it is they have to keep wandering off to.”

“Why in Bastet’s name would you want that?”

“I mean, I like this territory, it’s real decent here, but I guess I am just curious about two-leggers, curious about other places.”

“Greyson you know that curiosity is a terribly un-catlike trait?”

“I know, I know! I just, uh, I can’t help it for some reason. Maybe I am half two-legger huhuh!”

Heather rolled her eyes until the ceiling came into view. Of course Greyson was a fool, but he was a good fool. She did not need to claw his dreams apart.

“I can’t tell you whether you are half two-legger Greyson, but I can tell you this. If you ever end up leaving here, I will be right at your side.”

“How can you know that for certain though? You don’t know the future, even if you are very wise, Heather.”

“Are we not friends Greyson?”

“Of course we’re friends, the best of friends!”

“Right. See, friends are a lot like those strips we play with on the counter, the ones that get tangled in our paws and rolled up into balls? I think the two-leggers call it ‘tape.’ Yes, friends are like tape, they always stick together.”

“I can’t argue with that.”

“Of course you can’t Greyson, of course you can’t.”

Heather and Greyson are two young-adult cats available for adoption at Companion Animal Foundation's thrift store at 410 Railroad Ave. in Blue Lake. They are spayed, neutered, healthy and very affectionate towards two-leggers. They are very close friends and would do best being adopted as a pair. If you want to learn more about these cats (or our many other ones) please call (707) 826-7387 or visit the thrift store at 88 Sunny Brae Center in Arcata. You can also email [cafanimals@gmail.com](mailto:cafanimals@gmail.com), visit [cafanimals.org](http://cafanimals.org), or check out Companion Animal Foundation on Facebook.

CROSSWORD

ACROSS

1. Science class, perhaps

4. Not genuine

8. Exclude

13. S. A. nation

14. See 6 Down

15. Place for a sports event

16. Long-legged bird

17. "When I was \_\_\_\_"

18. Lower region

19. Speech given at a toast

22. Canonized lady: abbr.

23. Arm covering

24. Bacon orderer's word

26. Nearly horizontal passage

29. Evergreen tree

32. Virile one

36. Dumbbell

38. Athlete who scored 1281 goals

39. Mr. Knievel

40. Detective's helps

41. At \_\_\_\_; relaxed

42. Mythological queen

43. Prefix for gram or space

44. Neatness

45. Prepared

47. Unexpected obstacle

49. One who translates into symbols

51. Like an incline

56. Turkish leader's title

58. Parent, at child's bedtime, often

61. Small mesa

63. River flowing from Belgium

64. Show courage

65. Bass holder

66. Ending for prank or mob

67. \_\_\_\_, Oklahoma

68. Urbanites on a ranch

69. Web-footed bird

70. Originally called

DOWN

1. Stereotype

2. Head the alarm clock

3. Tend a roasting turkey

4. Humiliated

5. Headgear for 22 Across

6. With 14 Across, portrayal of the Skipper on "Gilligan's Island"

7. Battlefield cry

8. Large, showy flower

9. Are flipped over

10. Comforter alternative

11. Dill herb

12. Level: var.

13. Deep holes

20. Mr. Lendl

21. City in France

25. Gasoline buyer's choice

27. Lounging around

28. St. Martin's home

30. "Or \_\_\_\_!"; words of a threat

31. Sidelong look

32. 1965 Beatles movie

33. Word with \_\_\_\_ when or how

34. Like throat lozenges

35. San Antonio site

37. Laborer

40. West Point student

44. Make eyes at

46. Former Ford products

48. Toward the rear

50. Perch

52. Of former times

53. 1896 invention

54. Spine-tingling

55. Famous Scott

56. Passing marks

57. Respected teacher

59. Wedding, for one

60. River in France

62. Letter

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Solution on page B5

The weekly crossword is brought to you by **KINETIC KOFFEE**  
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**FREE VISION SCREENING** The McKinleyville Lions Club brings free vision screening to Arcata’s Play Center **Monday, Nov. 21** from 10 a.m. to noon.

Lions KidSight USA helps ensure that children between the ages of 6 months and 6 years receive vision screening and professional follow-up care when needed. Lions KidSight USA wants to reach kids early because some vision problems can become

permanent by age 7. Vision issues can be easily detected with hand-held screening devices that even generate test results onsite.

Parents and caregivers are welcome to be screened as well. Visit [e-clubhouse.org/sites/mckinleyville/page-9.php](http://e-clubhouse.org/sites/mckinleyville/page-9.php) for more details.

The City of Arcata Recreation Division, with funding from First 5 Humboldt, offers the Arcata Play Center as a safe and comfortable place for families to meet, share and play.

Bring your newborns and children up to 5 years old to the D Street Neighborhood Center, 1301 D St. in Arcata every Monday, Tuesday and Wednesday mornings from 10 a.m. to noon, year-round. Snacks are offered at each meeting.

Participation is by donation of \$3/day per child. Monthly rates are also available.

Contact Arcata Recreation at (707) 822-7091 or visit [cityofarcata.org/rec](http://cityofarcata.org/rec).



were

Nevaeh

# Lab mix dogs are a little slice of heaven

Ten dogs came into the shelter this past Friday. Seven of those were a mama dog and six puppies that left in a box near the McKinleyville Animal Care Center.

Why do people do that? And what is the solution for all these abandoned and unclaimed dogs? Does Humboldt County need strict spay and neuter regulations? Something needs to change to ensure that every dog is wanted and cared for. If you have ideas, I’d love to hear them.

Between the Humboldt County Animal Shelter and the rescue organizations that work with the shelter (especially Redwood Pals Rescue), most of the dogs are able to find homes eventually and very few animals are ever put down. It will be difficult to maintain that balance if more and more dogs are abandoned and unclaimed.

This is the second litter of puppies to turn up in the last couple of weeks. The previous three puppies were “found” by someone who mysteriously seemed to have their mother. Yes, puppies are relatively easy to adopt out, but for every puppy that is adopted, another mature, mannered, housebroken dog waits in a kennel for someone to choose them.

Should you be considering a younger dog that is out of the puppy stage, there are two nice Lab mix girls at the shelter now. First up is Nevaeh (“neh-Vay-uh”), a lovely 2-year-old black retriever mix with a medium-length coat. Nevaeh came in with her interesting name – “heaven” spelled backwards. She is housebroken and knows several commands, including “sit,” “down” and “shake.”

Nevaeh is described by the volunteers as being quite easy to walk, despite her size; she is probably about 60 to 65 pounds. She loves to run around the playpen and play ball and she has had a great time playing with some of the other dogs, especially her little Pittie neighbor, Haley!

Like any good lab mix, she is quite treat-motivated, making it easy to train new tricks and skills. I would expect this dog to make an easy transition to a home environment, as she seems to have quite a few manners on board already.

Our other lab mix girl is Piper. Piper is younger, just about a year old. Piper is a very happy girl. She loves her time with the volunteers and is always hoping for another turn to get out of the kennel and play!

Piper is quite similar to Nevaeh in temperament and also displays several typical lab characteristics. She loves to play fetch and will return and drop the ball. She sits nicely and waits for you to throw it again! Piper is also highly treat-motivated.

Piper likes other dogs and enjoys a good romp. She would make a good playmate for another friendly, playful dog. Piper still has room for more training, but is well-behaved on the leash. Like most of our younger dogs, her behavior would improve immediately by not spending 23 hours a day in a kennel.

Both Nevaeh and Piper are spayed, microchipped, current on vaccinations and available through the Humboldt County Animal Shelter. Located at 980 Lycoming Ave. in McKinleyville, the shelter is open Monday through Friday. More information is available at (707) 840-9132.

Redwood Pals has been busy trying to move dogs out of the shelter to create some space for the dogs that seem to keep coming in. So far this week, we have sent three puppies up to the Portland area to a sister organization; found a foster home for that poor young border collie that was abandoned in a plastic box in Fernbridge (she’s doing great!); helped to show dogs at the shelter, and are working on a possible home for our sweet little blind dog Rocky! Oh, and transported four little bunnies to a rescue in the Bay Area on our way to another stop. Whew!

We can always use help in a variety of ways. One thought that I wanted to put out there is that we often have transport needs. If anyone is travelling at Thanksgiving or winter break and can take a dog (or maybe a bunny!), please contact us. We have dogs that are potentially heading to Idaho and Montana, as well as possible Portland or Bay area connections. Please drop us a note at [redwoodpalsrescue@gmail.com](mailto:redwoodpalsrescue@gmail.com) or call (707) 839-9692. We are very appreciative of all the community support we receive!



Piper



**FAMILY LITERACY NIGHT** Humboldt Literacy Project and the Eureka Main Library, 1313 Third St., present Eureka Family Literacy Night **today, Nov. 16** at 6:30 p.m. Ali Freedlund will share some of her stories about animals and nature to inspire love and respect for this amazing place. Every child in attendance will receive a free book donated by Tin Can Mailman. [humlit.org](http://humlit.org), [humkids.org](http://humkids.org).

**EXPLORING OUR PREJUDICES** "Exploring our Prejudices," a half-day interactive workshop facilitated by local consultants Louisa Rogers and Jim Hight, is **Saturday, Nov. 19** from 9:30 a.m. to noon, at the United Methodist Church, 520 Del Norte St. in Eureka. Through confidential sharing, storytelling and creative exercises, participants will examine their conscious and unconscious prejudices and explore how to overcome them. Pre-registration is required. A donation of \$5 to \$20 is requested, but no one will be turned away for lack of funds. (707) 407-9455, [jh101@suddenlink.net](mailto:jh101@suddenlink.net)

**PLANTSGIVING POTLUCK** The Vegan So-

ciety of Humboldt hosts its annual Plantsgiving Potluck **Sunday, Nov. 20** from 2 to 4 p.m. at the Humboldt Area Foundation Community Center, 373 Indianola Rd. in Bayside. The event is open to the public and free of charge. Attendees should bring a vegan main, dessert or side dishes to share as well as their own plates, cups and utensils. (Vegan means no animal or animal-derived products, including meat, chicken, fish, dairy, eggs, honey, gelatin, etc.) Donations are appreciated to help cover the cost of renting the room. [veg-societyhumboldt.blogspot.com](http://veg-societyhumboldt.blogspot.com), [facebook.com/vegsoctetofhumboldt](http://facebook.com/vegsoctetofhumboldt)

**MUSHROOM FAIR** The Humboldt Bay Mycological Society invites you to the 37th annual Mushroom Fair **Sunday, Nov. 20** from 11 a.m. to 4 p.m. at the Redwood Acres Home Economics building, 3750 Harris St., Eureka. Learn about hundreds of local mushroom species! Bring in your mushrooms to identify. Admission is \$3/\$1.50 for children ages 10 to 16/free for children under 10. [HBMycologicalSociety.org](http://HBMycologicalSociety.org), (707) 822-8856, (916) 333-9788

**CROSSWORD SOLUTION**

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See crossword on page B4

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**FICTITIOUS BUSINESS NAME STATEMENT 16-00600**

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**1470 SPEAR AVENUE**  
ARCATA, CA 95521

**RACHEL V. CONRAD**  
1470 SPEAR AVENUE  
ARCATA, CA 95521

This business is conducted by: An Individual

**S/RACHEL CONRAD, OWNER**

This statement was filed with the Humboldt County Clerk on OCT. 12, 2016

**KELLY E. SANDERS**  
AA DEPUTY CLERK

10/26, 11/02, 11/09, 11/16

The following person(s) is (are) doing business as:

**NORTHERN EMERALDS**  
5550 WEST END RD.  
ARCATA, CA 95521

**600 F ST., SUITE 3, #839**  
ARCATA, CA 95521

**ECD, INC.** 3785227

**235 MONTGOMERY ST., SUITE 657**  
SAN FRANCISCO, CA 94104

This business is conducted by: A Corporation

**S/CODY STROSS, CEO OF ECD, INC.**

This statement was filed with the Humboldt County Clerk on OCT. 31, 2016

**KELLY E. SANDERS**  
LH DEPUTY CLERK

11/09, 11/16, 11/23, 11/30

**ABANDONMENT OF FICTITIOUS BUSINESS NAME STATEMENT 16-00491**

County of original filing: Humboldt

Date of original filing: 8/10/2016

The following person(s) is (are) doing business as:

**GOOD FIT REFERRAL NETWORK**

**965 G STREET**  
ARCATA, CA 95521

**GREGORY M. ANDERSON**  
1717 CARDINAL DRIVE  
MCKINLEYVILLE, CA 95519

This business is conducted by: An Individual

**S/GREGORY M. ANDERSON, BROKER/OWNER**

This statement was filed with the Humboldt County Clerk on NOV. 10, 2016

**KELLY E. SANDERS**  
SC DEPUTY CLERK

11/16, 11/23, 11/30, 12/7

**HUMBOLDT COUNTY PROTECTED PERSON:** Diane Dolores Tracy

**RESTRAINED PARTY:** Trinity Mabry

**PARTY SEEKING CONTINUANCE:** I am the protected party.

Diane Dolores Tracy  
P.O. Box 1396  
HOOPA, CA 95546

**ORDER ON REQUEST FOR CONTINUANCE**

The hearing on this matter was scheduled for Oct. 11, 2016 at 1:45 p.m. The request for the continuance was granted as set forth below.

**ORDER FOR GRANTING CONTINUANCE AND NOTICE OF NEW HEARING**

The court hearing on the Request for Civil Harassment Restraining Orders continued and rescheduled as follows:

Nov. 28, 2016 at 1:45 p.m. in Superior Court of California, Humboldt County, 825 Fifth St., Eureka, CA 95501

The extended Temporary Restraining Order (form CH-110) expires at the end of this hearing.

**REASONS FOR THE CONTINUANCE:**

The continuance is needed because Trinity Mabry was not served before the current hearing date. An Order on Ex Parte Application for Order for Publication was filed on Oct. 11, 2016.

**EXTENSION OF TEMPORARY RESTRAINING ORDER**

Extension of the Temporary Restraining Order issued May 24, 2016 until the new hearing date is: GRANTED. There are no changes to the TRO except the expiration date.

**SERVICE OF ORDER:**

Pursuant to the Order on Ex Parte Application for Publication filed herein on Oct. 11, 2016, service of this Notice of New Hearing Date and Order on Re-servance shall be served by publication.

**MANDATORY ENTRY OF ORDER INTO CARPOS**

through CLETS

Date: 10/13/16

Dale A. Reinholdtsen  
Judicial Officer

10/26, 11/2, 11/9, 11/16

unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

**A hearing on the petition will be held in this court as follows:**

Date: December 1, 2016  
Time: 2:00 PM  
Dept.: 3

Address of court: Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, CA, 95501.

**If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing.** Your appearance may be in person or by your attorney.

**If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.**

**Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.**

**You may examine the file kept by the court.** If you are a person interested in the estate, you may file with the court a formal *Request for Special Notice* (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A *Request for Special Notice* form is available from the court clerk.

Attorney for the petitioner: CHRIS JOHNSON HAMER STOKES, HAMER, KIRK & EADS  
381 BAYSIDE ROAD, SUITE A, ARCATA, CA 95501  
707-822-1771

11/9, 11/16, 11/23

**NOTICE-RESTRaining ORDERS ARE ON PAGE 2:** These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

**FEE WAIVER:** If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party.

1. The name and address of the court are  
Superior Court of California, County of Humboldt  
825 Fifth St.  
Eureka, CA 95501

2. The name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney are:

Elizabeth A. Volner  
230 Wabash Ave. #3  
Eureka, CA 95501  
Date: SEP 08 2016  
KIM M. BARTLESon  
Clerk, by KIM S. Deputy  
(Page 2 of 2)

**STANDARD FAMILY LAW RESTRAINING ORDERS**

**Starting immediately, you and your spouse or domestic partner are restrained from:**

1. removing the minor children of the parties from the state or applying for a new or replacement passport for those minor children without the prior written consent of the other party or an order of the court;

2. cashing, borrowing against, canceling, transferring, disposing of, or changing the beneficiaries of any insurance or other coverage, including life, health, automobile and disability, held for the benefit of the parties and their minor children;

3. transferring, encumbering, hypothecating, concealing, or in any way disposing of any property, real or personal, whether community, quasi-community, or separate, without the written consent of the other party or an order of the court, except in the usual course of business or for the necessities of life; and

4. creating a nonprobate transfer or modifying a nonprobate transfer in a manner that affect the disposition of property subject to the transfer, without the written consent of the other party or an order of the court. Before revocation of a nonprobate transfer can take effect or a right of survivorship to property can be eliminated, notice of the changed must be filed and served on the other party.

You must notify each other of any proposed extraordinary expenditures at least five business days prior to incurring these extraordinary expenditures and account to the court for all extraordinary expenditures made after these restraining orders are effective. However, you may use community property, quasi-community property, or your own separate property to pay an attorney to help you or to pay court costs.

**NOTICE - ACCESS TO AFFORDABLE HEALTH INSURANCE:** Do you or someone in your household need affordable health insurance? If so, you should apply for Covered California. Covered California can help reduce the cost you pay towards high quality affordable

health care. For more information, visit [www.coveredcalifornia.com](http://www.coveredcalifornia.com). Or call Covered California at 1-800-300-1506.

**WARNING-IMPORTANT INFORMATION California law provides that, for purposes of division of property upon dissolution of a marriage or domestic partnership or upon legal separation, property acquired by the parties during marriage or domestic partnership in joint form is presumed to be community property. If either party to this action should die before the jointly held community property is divided, the language of the deed that characterizes how titled is held (i.e., joint tenancy, tenants in common, or community property) will be controlling, and not the community property presumption. You should consult your attorney if you want the community property presumption to be written into the recorded title to the property.**

11/9, 11/16, 11/23, 11/30

The City Manager, 736 "F" Street, Arcata, CA 95521, (contact Property and Special Projects Manager - Harold Miller (707) 825-2101) upon payment of a printing service charge in the following amount:

The printing service charge amount of \$15.00 shall not be refundable, plus a shipping and handling fee of \$50.00 is required for mailing of PLANS and SPECIFICATIONS. Checks shall be made payable to the City of Arcata and shall be mailed or delivered in person to the Contracts and Procurement Specialist, City Manager's Office, City of Arcata, 736 "F" Street, Arcata, CA, 95521

The Contract Documents may be examined after November 9th 2016, at the following locations:

• City of Arcata, City Hall, 736 "F" Street, Arcata, CA 95521

• Humboldt Builder's Exchange, 1213 5th Street, Eureka, CA 95501

The City of Arcata hereby notifies all bidders that it will affirmatively insure that any contract entered into pursuant to this advertisement, disadvantaged business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, sex, or national origin in consideration for an award.

Pursuant to Section 1733 of the Labor Code, the Director of California Department of Industrial Relations has determined the general prevailing rate of wages. Bidders should contact the Department of Industrial Relations at (415) 703-4281 for General Prevailing Wage Rates on specific job classifications. Future effective wage rates, which have been predetermined, are on file with the California Department of Industrial Relations. Bidders are advised that if they intend to use a craft or classification not on file in the general wage determinations, they may be required to pay the wage rate of that craft of classification most closely related to it as shown in the general determinations.

The above project is subject to uniform construction cost accounting procedures as set forth in the California Public Contracts Code, Section 22000 et seq., the Uniform Public Construction Cost Accounting Act.

All bidders shall be licensed in accordance with the laws of the State of California.

Harold Miller, Property and Special Projects Manager  
11/16, 11/23

opment and Economic Development Allocations of the State CDBG program will publish a combined "Notice of Funding Availability" (NOFA) each program year. Eligible cities and counties may submit applications for CDBG funds under the NOFA. It is estimated that up to \$2,000,000 will be available in total. The Economic Development "Over-the-Counter" (OTC) Allocation requires a separate application with a maximum limit of \$5,000,000 per year. The NOFA also includes the Native American and Colonia's Allocations. The Native American Allocation is only for areas with high concentrations of low-income Native American residents, who are not part of a federally recognized Native American Indian tribe or Rancheria. The Colonia's funding is only for designated communities within 150 miles of the Mexican-American border.

**ELIGIBLE ACTIVITIES UNDER THE ABOVE ALLOCATIONS IN THE NOFA CONSIST OF: HOMEOWNERSHIP ASSISTANCE AND HOUSING REHABILITATION PROGRAMS; PUBLIC FACILITY AND PUBLIC IMPROVEMENTS PROJECTS (INCLUDING PUBLIC IMPROVEMENTS IN SUPPORT OF NEW HOUSING CONSTRUCTION); PUBLIC SERVICE PROGRAMS, PLANNING STUDIES, ECONOMIC DEVELOPMENT BUSINESS ASSISTANCE AND MICROENTERPRISE ACTIVITIES. ELIGIBLE ACTIVITIES PAID FOR WITH STATE CDBG FUNDS MUST MEET ONE OR MORE OF THE THREE NATIONAL OBJECTIVES LISTED IN CDBG FEDERAL STATUTES AS FOLLOWS: BENEFIT TO LOW INCOME HOUSEHOLDS OR PERSONS; ELIMINATION OF SLUMS AND BLIGHT; OR MEETING URGENT COMMUNITY DEVELOPMENT NEED.**

The City anticipates submitting an application under the NOFA published during the next program year. The City has or anticipates receiving approximately \$500,000 in CDBG Program Income that must be expended prior to expending awarded grant funds.

The purpose of this public hearing is to give citizens an opportunity to make their comments known regarding what types of eligible activities the City should apply for under the State CDBG program. A separate public hearing will be held to discuss and approve the application prior to submittal to the State.

If you require special accommodations to participate in the public hearing, please contact the City Clerk at (707) 822-5953.

If you are unable to attend the public hearing, you may direct written comments to the City of Arcata, at 736 F Street, Arcata, CA 95521 or you may telephone Jennifer Dart at (707) 825-2112. In addition, information is available for review at the above address between the hours of 9:00 a.m. and 5:00 p.m., Monday-Friday.

The City promotes fair housing and makes all programs available to low-income households without regard of age, race, color, religion, sex, national origin, sexual preference, marital status, or handicap.

11/16

**FICTITIOUS BUSINESS NAME STATEMENT 16-00613**

The following person(s) is (are) doing business as:

**COASTLINE SUPPLY COMPANY**

**1785 LAZZAR LANE**  
MCKINLEYVILLE, CA 95519

**PADRE A. ROTH**  
1785 LAZZAR LANE  
MCKINLEYVILLE, CA 95519

This business is conducted by: An Individual

**S/PADRE A. ROTH, OWNER**

This statement was filed with the Humboldt County Clerk on OCT. 20, 2016

**KELLY E. SANDERS**  
GW DEPUTY CLERK

10/26, 11/02, 11/09, 11/16

**FICTITIOUS BUSINESS NAME STATEMENT 16-00631**

The following person(s) is (are) doing business as:

**WILD GOOSE QUILTING**  
2479 SONNENFELT RD.  
BAYSIDE, CA 95524

**JOANIE B. WEISER**  
2479 SONNENFELT RD.  
BAYSIDE, CA 95524

This business is conducted by: An Individual

**S/JOANIE WEISER, OWNER**

This statement was filed with the Humboldt County Clerk on OCT. 27, 2016

**KELLY E. SANDERS**  
AA DEPUTY CLERK

11/09, 11/16, 11/23, 11/30

**FICTITIOUS BUSINESS NAME STATEMENT 16-00665**

The following person(s) is (are) doing business as:

**GOOD FIT REFERRAL NETWORK**

**1175 G STREET, SUITE B**  
ARCATA, CA 95521

**SHERILYN A. MUNGER**  
808 SCHOOL ROAD  
MCKINLEYVILLE, CA 95519

This business is conducted by: An Individual

**S/SHERILYN MUNGER, BROKER/OWNER**

This statement was filed with the Humboldt County Clerk on NOV. 10, 2016

**KELLY E. SANDERS**  
SC DEPUTY CLERK

11/16, 11/23, 11/30, 12/7

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**

**ALEXANDER W. STICK AND STACIE W. STICK**

**SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT**

**CASE NO. CV160940**

TO ALL INTERESTED PERSONS:

1. Petitioner ALEXANDER W. STICK AND STACIE W. STICK filed a petition with this court for a decree changing names as follows: Present name: THEODORE WADE STICK to Proposed name THEODORE WADE.

2. THE COURT ORDERS that all persons interested in this matter appear before this court, located at 825 5th Street, Eureka, California, at the hearing indicated below to show cause, if any, why the application should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Date: December 12, 2016  
Time: 1:45 p.m.  
Dept.: 3

3. A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Mad River Union.

Date: NOV 03, 2016  
DALE A. REINHOLTSEN  
Judge of the Superior Court

11/9, 11/16, 11/23, 11/30

**NOTICE OF PETITION TO ADMINISTER ESTATE OF DAVID ANDREW JACKSON CASE NO.: PR160310**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: DAVID ANDREW JACKSON

A *Petition for Probate* has been filed by: COLIN COLBY and DAVID PAUL FLYNN in the Superior Court of California, County of HUMBOLDT.

The Petition for Probate requests that: COLIN COLBY and DAVID PAUL FLYNN be appointed as personal representative to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take any actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons

**SUMMONS (FAMILY LAW) FL160648**

**Petitioner's Name:** Elizabeth A. Volner

**NOTICE TO RESPONDENT:** Ronald C. Dieringer

**You have been sued. Read the information below and on the next page. (Page 1 of 2)**

You have **30 calendar days** after this *Summons* and *Petition* are served on you to file a *Response* (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you.

If you do not file your *Response* on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs.

For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center ([www.courts.ca.gov/selfhelp](http://www.courts.ca.gov/selfhelp)), at the California Legal Services website ([www.lawhelpca.org](http://www.lawhelpca.org)), or by contacting your local county

**NOTICE TO CONTRACTORS FOR REROOF OF WASTE-WATER CONTROL BUILDING**

The City of Arcata is soliciting bids for reroofing the wastewater control building. Sealed bids will be received at the office of the City Manager, 736 F Street, Arcata, CA 95521.

The WORK consists of removal and disposal of existing roofing and installing new sheet metal standing seam concealed fastener roof and requires furnishing all labor, supervision, incidentals, testing, equipment, materials and performing all work required to make those improvements. The WORK consists of, but is not limited to removal of existing roof, minor carpentry work and installation of new roof with all flashing and sealants at the City's Corporation Yard, located at 600 South G Street, in the City of Arcata, California.

Sealed bids will be received until **11:00 a.m. on Thursday, December 8, 2016**, at which time they will be transferred to the City Council Chambers where they will be publicly opened and read aloud by the City Engineer or his designated representative. Said bids will be referred to the Arcata City Council for consideration at their next regularly scheduled meeting on or after December 21st, 2016.

Questions regarding the project may be directed to, or a site tour may be arranged, by **contacting the Arcata Environmental Services Department at (707) 822-8184**.

Bids received after the specified opening time will not be considered. The bidder is solely responsible for the timely delivery of his bid.

CONTRACTOR shall possess a "C-39 Roofing Contractor" license at the time this contract is bid or a combination of classes required by the categories and type of work included in this contract.

This CONTRACT is subject to State contract non-discrimination and compliance requirements pursuant to Government Code, Section 12990.

PLANS, SPECIFICATIONS, AND PROPOSAL forms for bidding this PROJECT can be obtained at the office of

**CITY OF ARCATA COMMUNITY DEVELOPMENT DEPARTMENT NOTICE OF PUBLIC HEARING**

NOTICE IS HEREBY GIVEN that the City Council of the City of Arcata will conduct a Public Hearing on Wednesday, December 7th, at 6:00 p.m. in the City Council Chamber, Arcata City Hall, 736 F Street, Arcata, CA. The Public Hearing is being held to discuss possible applications for funding under the 2017 State Community Development Block Grant Program (CDBG) Program and to solicit citizen input on possible activities to be included in the application.

The Community Development

**NOTICE OF PETITION TO ADMINISTER ESTATE OF DAVID ANDREW JACKSON CASE NO.: PR160310**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: DAVID ANDREW JACKSON

A *Petition for Probate* has been filed by: COLIN COLBY and DAVID PAUL FLYNN in the Superior Court of California, County of HUMBOLDT.

The Petition for Probate requests that: COLIN COLBY and DAVID PAUL FLYNN be appointed as personal representative to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take any actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons

**FICTITIOUS BUSINESS NAME STATEMENT 16-00592**

The following person(s) is (are) doing business as:

**BRI SKIN CARE**

**1580 NURSERY WAY #H**  
MCKINLEYVILLE, CA 95519

**1326 FERNWOOD DR.**  
MCKINLEYVILLE, CA 95519

**BRIANA E. MULLANEY**  
1326 FERNWOOD DR.  
MCKINLEYVILLE, CA 95519

This business is conducted by: An Individual

**S/BRIANA MULLANEY**

This statement was filed with the Humboldt County Clerk on OCT. 6, 2016

**KELLY E. SANDERS**  
AA DEPUTY CLERK

11/02, 11/09, 11/16, 11/23

**FICTITIOUS BUSINESS NAME STATEMENT 16-00647**

The following person(s) is (are) doing business as:

**(1) HEART'S LEAP (2) HEART'S LEAP WINES**

**5303 BOYD RD., UNIT G**  
ARCATA, CA 95521

**KEVIN PATZKOWSKY**  
880 17TH ST.  
ARCATA, CA 95521

This business is conducted by: An Individual

**S/KEVIN PATZKOWSKY, OWNER**

This statement was filed with the Humboldt County Clerk on NOV. 2, 2016

**KELLY E. SANDERS**  
AA DEPUTY CLERK

11/09, 11/16, 11/23, 11/30

**FICTITIOUS BUSINESS NAME STATEMENT 16-00637**

The following person(s) is (are) doing business as:

**ARCATA COMPOST COMPANY**

**839 9TH ST.**  
ARCATA, CA 95521

**P.O. BOX 1034**  
ARCATA, CA 95518

**ALEC M. HOWARD**  
1166 H STREET  
ARCATA, CA 95521

This business is conducted by: An Individual

**S/ALEC HOWARD, OWNER**

This statement was filed with the Humboldt County Clerk on OCT. 31, 2016

**KELLY E. SANDERS**  
AA DEPUTY CLERK

11/09, 11/16, 11/23, 11/30

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**

**ALEXANDER W. STICK AND STACIE W. STICK**

**SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT**

**CASE NO. CV160940**

TO ALL INTERESTED PERSONS:

1. Petitioner ALEXANDER W. STICK AND STACIE W. STICK filed a petition with this court for a decree changing names as follows: Present name: THEODORE WADE STICK to Proposed name THEODORE WADE.

2. THE COURT ORDERS that all persons interested in this matter appear before this court, located at 825 5th Street, Eureka, California, at the hearing indicated below to show cause, if any, why the application should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Date: December 12, 2016  
Time: 1:45 p.m.  
Dept.: 3

3. A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Mad River Union.

Date: NOV 03, 2016  
DALE A. REINHOLTSEN  
Judge of the Superior Court

11/9, 11/16, 11/23, 11/30

**NOTICE OF PETITION TO ADMINISTER ESTATE OF DAVID ANDREW JACKSON CASE NO.: PR160310**

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The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take any actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons

**SUMMONS (FAMILY LAW) FL160648**

**Petitioner's Name:** Elizabeth A. Volner

**NOTICE TO RESPONDENT:** Ronald C. Dieringer

**You have been sued. Read the information below and on the next page. (Page 1 of 2)**

You have **30 calendar days** after this *Summons* and *Petition* are served on you to file a *Response* (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you.

If you do not file your *Response* on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs.

For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center ([www.courts.ca.gov/selfhelp](http://www.courts.ca.gov/selfhelp)), at the California Legal Services website ([www.lawhelpca.org](http://www.lawhelpca.org)), or by contacting your local county

**NOTICE TO CONTRACTORS FOR REROOF OF WASTE-WATER CONTROL BUILDING**

The City of Arcata is soliciting bids for reroofing the wastewater control building. Sealed bids will be received at the office of the City Manager, 736 F Street, Arcata, CA 95521.

The WORK consists of removal and disposal of existing roofing and installing new sheet metal standing seam concealed fastener roof and requires furnishing all labor, supervision, incidentals, testing, equipment, materials and performing all work required to make those improvements. The WORK consists of, but is not limited to removal of existing roof, minor carpentry work and installation of new roof with all flashing and sealants at the City's Corporation Yard, located at 600 South G Street, in the City of Arcata, California.

Sealed bids will be received until **11:00 a.m. on Thursday, December 8, 2016**, at which time they will be transferred to the City Council Chambers where they will be publicly opened and read aloud by the City Engineer or his designated representative. Said bids will be referred to the Arcata City Council for consideration at their next regularly scheduled meeting on or after December 21st, 2016.

Questions regarding the project may be directed to, or a site tour may be arranged, by **contacting the Arcata Environmental Services Department at (707) 822-8184**.

Bids received after the specified opening time will not be considered. The bidder is solely responsible for the timely delivery of his bid.

CONTRACTOR shall possess a "C-39 Roofing Contractor" license at the time this contract is bid or a combination of classes required by the categories and type of work included in this contract.

This CONTRACT is subject to State contract non-discrimination and compliance requirements pursuant to Government Code, Section 12990.

PLANS, SPECIFICATIONS, AND PROPOSAL forms for bidding this PROJECT can be obtained at the office of

**CITY OF ARCATA COMMUNITY DEVELOPMENT DEPARTMENT NOTICE OF PUBLIC HEARING**

NOTICE IS HEREBY GIVEN that the City Council of the City of Arcata will conduct a Public Hearing on Wednesday, December 7th, at 6:00 p.m. in the City Council Chamber, Arcata City Hall, 736 F Street, Arcata, CA. The Public Hearing is being held to discuss possible applications for funding under the 2017 State Community Development Block Grant Program (CDBG) Program and to solicit citizen input on possible activities to be included in the application.

The Community Development

**NOTICE OF PETITION TO ADMINISTER ESTATE OF DAVID ANDREW JACKSON CASE NO.: PR160310**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: DAVID ANDREW JACKSON

A *Petition for Probate* has been filed by: COLIN COLBY and DAVID PAUL FLYNN in the Superior Court of California, County of HUMBOLDT.

The Petition for Probate requests that: COL



**LAY OF THE LAND** Hear about protecting and enhancing special places from Mike Cipra, executive director of the Northcoast Regional Land Trust, **Friday, Nov. 18** at 7:30 p.m. at the Arcata Marsh Interpretive Center. In this free public lecture titled "Lay of the land: Protecting wild & working landscapes," sponsored by Friends of the Arcata Marsh, Cipra will discuss the Arcata-based nonprofit's role in preservation, conservation tools and community projects that are working to protect wild and working landscapes and get people more connected to the land. The mission of the trust – which is over 15 years old and has helped conserve more than 25,000 acres – also encompasses conservation education, planning, and wetland restoration. Cipra has worked as an education ranger for the National Park Service, manager of the California Desert Program for the nonprofit National Parks Conservation Association, a planner for Death Valley National Park, and more recently as the community partner liaison for HSU before joining the land trust staff. For more information or to guarantee a seat, call (707) 826-2359.

**DUNE RESTORATION** Help restore the Lanphere Dunes Unit the Humboldt Bay Wildlife Refuge **Saturday, Nov. 19** from 9:30 a.m. to 12:30 p.m. Participants will remove invasive plant species. Please wear closed-toed shoes, dress for the weather and bring drinking water. Meet at Pacific Union School, 3001 Janes Rd. in Arcata, to carpool to the protected site. Gloves, training and snacks will be provided. (707) 444-1397

**FOAM MARSH TOUR** Friends of the Arcata Marsh sponsors a free tour of the Arcata Marsh & Wildlife Sanctuary **Saturday, Nov. 19** at 2 p.m. Meet leader Jean Santi at the Interpretive Center on South G Street for a 90-minute walk focusing on the ecology of the Marsh. Loaner binoculars available with photo ID. (707) 826-2359

**NATURE STORY TIME** Join Friends of the Dunes naturalist Bob Peck for Nature Story Time **Saturday, Nov. 19** from 2 to 3 p.m. Geared for ages 3 to 6, Story Time focuses on local wildlife and is followed by a simple craft project. Meet at the Humboldt Coastal Nature Center, 220 Stamps Lane in Manila. (707) 444-1397



**WEEKEND WORKERS** A crew of Boy Scouts toiled with city workers at Sunny Brae Park the weekend of Nov. 6 and 7 to reconstruct a step run, install a sign and place a log to stop erosion. A dozen Scouts and parents worked on Saturday, left, and a half-dozen on Sunday, right. JAVIER NOGUEIRA | CITY OF ARCATA

## Help improve Headwaters Forest Reserve

BLM NORTHERN CALIFORNIA DISTRICT

ARCATA – The Bureau of Land Management is seeking public comments on proposed development of a new hiking trail and parking area improvements near the Elk River Trail in the Headwaters Forest Reserve near Eureka.

The BLM Arcata Field Office is proposing a new, seasonally-available, one-and-a-half-mile hiking trail along the south side of the South Fork Elk River. The new trail would parallel and connect with the existing Elk River Trail, providing new loop hiking and trail running opportunities. It would include interpretive signs. The new trail would be closed to dogs and bicycles, but the main Elk River

Trail would remain open to those uses.

Parking lot modifications would include addition of parking spaces and changes to reduce congestion.

An environmental assessment detailing the project is available at [eplanning.blm.gov/epl-front-office/eplanning/planAndProjectSite.do?methodName=dispatchToPatternPage&currentPageId=100154](http://eplanning.blm.gov/epl-front-office/eplanning/planAndProjectSite.do?methodName=dispatchToPatternPage&currentPageId=100154).

Comments can be mailed to the Bureau of Land Management, 1695 Heindon Rd., Arcata, CA, 95521, attention: Headwaters Forest Reserve. Comments can be sent by email to [headwaters@blm.gov](mailto:headwaters@blm.gov) or by fax to (707) 825-2301.

The Headwaters Forest Reserve is co-managed by the BLM and the California Department of Fish and Wildlife. For additional information, contact Blom at (707) 825-2300 or by email at [bblom@blm.gov](mailto:bblom@blm.gov).

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